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# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 16, 2015

OCTOBER SUNRISE/SUNSET: 16 7:28 • 7:00 17 7:28 • 7:00 18 7:29 • 6:59 19 7:29 • 6:58 20 7:30 • 6:57 21 7:31 • 6:56 22 7:31 • 6:55

## 10K Race 4 FISH Is About Community

There are plenty of foot races in Southwest Florida to keep the Fort Myers Track Club (FMTC) busy on most weekends during season, but only one of those races is on Sanibel Island. It's the 7th annual 10K Race 4 FISH on Saturday, October 17 with the start-finish line at the historic Community House.

"Sanibel Island and the FISH of SanCap organization are what make this race special," said JeAnne Hertel with FMTC, which designed the course in cooperation with the City of Sanibel. "There are not that many 10K races in the area, most are 5K, so the Sanibel race attracts many runners. Families tend to make a day of it, too."

Race day is dedicated to FISH, which has positively impacted numerous lives in its more than 30 years of service. Food programs, island based social services and helping hands make up FISH – a leading non-profit, non-sectarian, human services organization focused on neighbors helping neighbors. FISH used 86 percent of its 2014 budget to fund client programming.

"From seniors to youth, FISH lends a hand to those in need who live, work or visit our islands," said Ed Riddlehoover, FISH board vice-chair and 10K race committee co-chair. "We are grateful for the runners, volunteers and sponsors who support the 10K race cause."

Runners line up for a start time of 7:30 a.m. in front of The Community House on Periwinkle Way. The closed-circuit course includes a right turn within the first mile to Casa Ybel Road and a turn-around at Island Inn Road with a mile-and-a-half remaining. It can be a mentally challenging course. Many solo runners and teams return each year for many reasons, but locals say it's about community.

Sanibel School's National Honor Society and Student Council are forming a team for the fifth year. Diane Cortese, Sanibel Middle School math teacher who coordinates the team, says students "need to have a sense of community and contribute to this great island with all that it provides to the people."

"We select this charitable organization because it helps anyone, from babies to our

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## 30th Annual Baileyfest Celebration Returns October 25

by Jeff Lysiak

Baileyfest, the annual gathering of islanders and visitors celebrating the community spirit of the islands, will return for its 30th anniversary on Sunday, October 25 from noon to 4 p.m. at the Bailey's Shopping Center, located on the corner of Periwinkle Way and Tarpon Bay Road.

According to event organizers, the all-day event will feature live entertainment, games, raffles and giveaways, face-painting, pony rides, food and refreshments, local service organizations plus plenty of other "surprises." As always, Baileyfest is free to attend and open to the public.

"With this being the 30th anniversary of Baileyfest, it's going to be bigger and better than ever," said Roni Martorelli, a 25-year Bailey's True Value Hardware Store employee who is helping organize this year's event. "We'll have more performers, more games and more prizes."

Baileyfest will begin with the singing of *The Star Spangled Banner* by members of the BIG ARTS Community Chorus, followed by opening remarks made by Sanibel Mayor Kevin Ruane at noon. One of the time-honored traditions of the event, both the King and Queen of Baileyfest will then be officially crowned.

Back by popular demand, singer Frank Torino will entertain Baileyfest crowds with his renditions of classic songs made famous by Frank Sinatra, Tom Jones and Elvis

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The Queen and King of Baileyfest, Anna Willis and Kirill Bykov, attending last year's event photo by Jeff Lysiak

## Art In 3D, Healey Exhibits Open At BIG ARTS

BIG ARTS opened its 2015-16 gallery season this week with two new exhibits: a juried sculpture exhibit and a selection of works by renowned local artist Pauline Healey. The shows run October 14 through November 27 and admission is free. BIG ARTS' galleries are located at the BIG ARTS Center, 900 Dunlop Road on Sanibel.

### Art In 3D: Juried Sculpture Exhibit

3D movies may be all the rage, but 3D



Guitar by Wilson Lopez

art is the blockbuster on Sanibel this month. Juror Brian Cast, MFA and adjunct professor of art at FGCU, selected the best from among more than 40 pieces that were submitted for this show in Phillips Gallery. Some profound, some whimsical and all fabulous, these three-dimensional works represent some of the best sculptors from our area and beyond.

### Pauline Healey: New Works

This award-winning artist has made Fort Myers her home – and inspiration – for more than 20 years. Specializing in watercolors, her paintings have been featured in *Watercolor Magazine* and accepted in the Florida Watercolor Society's annual exhibition, as well as in numerous juried shows throughout Southwest Florida. See a stunning array of Healey's new works on display in Founders Gallery.



Wading Ibis by Pauline Healey

continued on page 4





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Looking Back:

# Porch Of Captiva Hotel, 1915

Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat *Sanitva* to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is the porch at the Captiva Hotel, circa 1915. Pictured from left is Bi Ley,



Beulah Brainerd and Watson Lawler. The hotel, variously known as Bay View Inn, Captiva Hotel and Fisherman's Lodge, was built in 1915 and completely burned down in 1948. It was located at the corner of Old Lodge Lane and Binder Drive. Beulah Brainerd was Hattie Brainerd's granddaughter. Hattie was Captiva's second mail carrier and first postmistress. In 1948, Beulah served on the first Chapel by the Seas Board of Associates. Many photos like this (that capture the unique and diverse history of Captiva) are featured through graphic and video panels in the History Gallery, developed by the Captiva Island Historical Society. All ages are welcome to visit the History Gallery and learn about the combination of historical events and people that shaped Captiva.

photo archives of the Captiva Island Historical Society

## Cracker Fest Menu And Entertainment



The Sanibel-Captiva chapter of Solutions To Avoid Red Tide (START) is hard at work planning its 7th annual Cracker Fest celebration on Friday, November 6. Leading the entertainment for this year's event will be The Apple Butter Band, live auctions, silent auctions, and games.

This years menu will include smoked wild hog BBQ made from hogs culled from Myakka State Park, shrimp and grits, swamp cabbage, baked beans, biscuits and seagrape jelly, and bread

pudding. Regional sustainable seafood options will also be highlighted, with locally caught mullet and locally raised Sunray Venus clams to be included on the menu.

SanCap START would like to extend our gratitude to this years event sponsors: Bailey's General Store, Billy's Bikes, The Bait Box, SoonCome Landscaping, Sanibel Sea School, Sanibel Air and Electric, Big Red Q, Gulf Coast Palm and Tree, South Seas Island Resort, Doc Ford's, John Grey Painting, Island Cow Restaurant, Tween Waters Resort and Spa, Lazy Flamingo, Luc Century, Dan Hahn Custom Builders, Bank of the Islands, Heidrick and Co. Insurance, Tim Smith Brick Pavers LLC, Tropical Tradesmen, the McCullough Family, Captiva Cruises, Island Therapy Center and Sanibel Art & Frame Company.

Cracker Fest 2015 will be begin at 6 p.m. on Friday, November 6 at The Bait Box property on Sanibel Island. Tickets to the event are \$100 per person, which will include admission, dinner, beer and wine, live music, "50/50" raffle, a silent auction and a live auction. Tickets to Cracker Fest are by reservation only and are limited to the first 300 attendees. All proceeds from this event go directly to funding local water quality and conservation initiatives.

For more information, contact Ben Biery at 472-8585 or email [START@sanibelseaschool.org](mailto:START@sanibelseaschool.org).



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From page 1

## 10K Race 4 FISH

seniors, through the FISH Food Pantry, Blessings in a Backpack, visiting families or seniors, providing meals and so many other valuable social services,” said Cortese.

Team Sundial, of Sundial Resort and Spa, consists of eight runners from novice to intermediate – a first 10K Race 4 FISH for some of them. They are happy to be a part of helping individuals in the community get support when they need it most.

Doc Ford’s Rum Bar & Grille, a popular eatery with locations on Sanibel, Captiva and Fort Myers Beach, has more than 30 staff members forming a team this year. The 10K Race 4 FISH has become a staff tradition for over the past three years.

“Our staff really enjoys participating in the race every year,” said Doc Ford’s General Manager Kim McGonnel. “It builds a team atmosphere between our employees at all three locations and gives them a chance to do something together, as one team, as well as helping out a great organization on the island.”

Race day, like FISH of SanCap, requires several volunteers to be suc-

cessful. Last year, there were more than 100 volunteers on race day, as well as support from the Sanibel police and fire departments. Volunteers are mostly from service organizations, such as Optimists, Kiwanis, Lions, Rotary and Zonta. Other volunteers are from island churches and businesses.

While runners and volunteers are essential to the race, it is the broad-based support of more than 70 Sanibel-Captiva sponsors who also play a vital role in making race day possible. The Sanibel Captiva Trust Company has been the Premier Sponsor of the 10K Race 4 FISH since its inception seven years ago.

“We look forward each year to being the Premier Sponsor of the 10K run,” said Sanibel Captiva Trust Co. Executive Vice President Steve Greenstein, who will welcome runners at the start line. “Neighbors helping neighbors is what FISH is all about and we are proud to support their efforts to strengthen the fabric of our community.”

Race day will conclude with an awards ceremony inside The Community House, where Mayor Kevin Ruane will welcome all and congratulate the 90 award winners and race participants. FISH Board Chair John Pryor, 10K Race Committee Co-chair Nancy Bender and Ed Riddlehoover will present the awards.



**Top, Team Sundial, from left, Joe Knapp, Erica Cossairt, Marina Bloetz, Tiffany Onischuk, Emily Frost, Paul Cuppy and Claude Gourzong (not pictured, Christian Buttz); bottom left, Team SCC (Sanibel Community Church), from left, Kurt Schulte, Susan Schulte and Amy Selby (not pictured, Art Warner, Bill Sawyer, Jamie Pascucci and GinnyKopperl); bottom right, Sanibel School Team, back from left, Chet Sproles, Maggie Goldsmith, Jackson McKee, Tylor Stewart, Jamie Reid, Diane Cortese, Anne Franke, Savannah Nippa and Caitlin Ross; middle from left, Matthew Dunn, DJ Jenkins, Anna Lerner, Alayna Aracri and Carly Ross; front from left, Beru Pierce and Elaina Suslick.**

Visit [fishofsancap.org](http://fishofsancap.org) or [ftmyerstrackclub.com](http://ftmyerstrackclub.com) to pre-register for race day. Pre-registered runners can pick up packets from 2 to 6 p.m. Friday, October 16 at

Run Florida, 13101 McGregor Boulevard, Suite 1, Fort Myers. Check in opens at 6:30 a.m. race day at the FMTC table in The Community House lobby.✱

## DOUGH FOR DOUG

### Fundraiser for Doug’s Medical Bills

arranged by Friends of Doug Tabor



On August 11, 2015 Doug Tabor was struck from behind, while in his wheelchair, by a hit-and-run driver and left in the middle of Casa Ybel Road. He was found by two nurses who immediately called 911. Doug has spent quite a bit of time since then in and out of the hospital with multiple injuries. At this time, the driver of the car has not yet been found.

Needless to say, his medical bills are mounting. Doug’s many friends have organized this fundraiser to help offset the rising costs of his recovery.



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From page 1

## BIG ARTS Art In 3D

### Artists Reception

BIG ARTS will hold a reception on Friday, October 30 at 5:30 p.m. in Phillips Gallery to honor all the artists and present the Art In 3D prizes. Both galleries will be open during the reception and artists will be on hand to discuss their pieces.

The exhibits and the artists reception are free and open to the public to attend. Founders Gallery is open from 9 a.m. to 4 p.m. Monday through Friday, and 9 a.m. to 1 p.m. Saturday; Phillips Gallery is open from 1 to 4 p.m. Monday through Friday, and 9 a.m. to 1 p.m. Saturday.

For more information, visit [www.](http://www.)

BIGARTS.org, call 395-0900 or email [info@bigarts.org](mailto:info@bigarts.org).

The 2015-16 Visual Arts season is sponsored by The Sanibel Captiva Trust Company (Phillips Gallery) and Deborah and John La Gorce (Founders Gallery).✱

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# The Community House

## Life Line Screening

The Community House will offer preventive health screening on Tuesday, October 20 called Life Line Screening. A leading provider of community-based preventive health screenings will host this affordable, non-invasive and painless health screening. Five screenings will be offered that scan for potential health problems related to: blocked arteries, which is a leading cause of stroke; abdominal aortic aneurysms, which can lead to a ruptured aorta; hardening of the arteries in the legs, which is a strong predictor of heart disease; atrial fibrillation or irregular heartbeat, which is closely tied to stroke risk; and a bone density screening, for both men and women, used to assess the risk of osteoporosis.

Register for a wellness package which includes four vascular tests and osteoporosis screening from \$149 (\$139 with member discount). All five screenings take 60 to 90 minutes to complete. In order to register and to receive a \$10 discount off any package priced above \$129, call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners).



Life Line screening

ing with fellow artists. This is a relaxed opportunity to create an original work of art, signed by you.

For a detailed schedule of these and all other painting classes offered by Janku, visit [www.sissijanku.com](http://www.sissijanku.com). Her work is on display at Island Style Gallery.

Call The Community House at 472-2155 for reservations.

## Songs On Sanibel



The Sanibel Community House is continuing to feature talented singers/songwriters performing their works. The series is called Songs On Sanibel, and will consist of four songwriters each month that will share their original music. The format is "in the round," where all four artists are together and each performs one song at a time after telling the story of where each song came from.

The next event will be held on Tuesday, October 27 from 7 to 9 p.m. Beverages and coffee will be available by donation; bring your own snacks. A donation at the door of \$5 will be appreciated by these talented individuals. The singer/songwriters for this event are Ray Cerbone, Thomas Hoffmaster, David Hintz and Songs On Sanibel organizer Stephen Plein.

Cerbone is one of the founding members of The Americana Music Association, a Fort Myers-based group formed to promote original music. He has performed at The ACMA and local house concerts as well as folk festivals in Barberville, Eustis and Sarasota, where he won the open stage competition.

Hintz has been performing and writing songs since 1970. After a 25 year hiatus from performing, David is back at it again. He has opened for Grant Peeples, 8 Ball Aitken, John Eddy and has toured extensively in the United States.

Hoffmaster has played guitar and sung for over 35 years with multiple bands as well as on radio and television. However, he feels that being in those bands has kept him from fully expressing himself with his music.

Plein, a native of Fort Myers, carries a traditional sound pulled from the land itself. With poignant lyrics and soulful melodies, he demands the attention of any listener who's been given ears to hear. He continues to sing at the Island Hopper Songwriter Fest and helps organize events at The Community House.

A \$5 donation for these musicians at the door is appreciated. Assorted beverages will be available by donation. Bring your own snacks.

## October Potluck

The next Community House potluck dinner will be held on Wednesday, October 28 beginning at 6 p.m.

Artisan chocolatier Tracy Peck creates incredible flavor pairings at her Naples-based business. "Artisan" means that the product is hand made in small batches rather than machine mass-produced. An artisan is one that has creatively conceived, designed and executed the making of a product, which, in this case, are delectable chocolate barks, truffles and other specialty confections created by Once Upon A Bean.

Peck will bring taste samples of three levels of chocolate – white, milk and dark – while guiding attendees through her tasting map. Learn about cacao and how it is sourced from different cacao growing regions.

There is a \$5 fee for SCA members; guests are \$10. Reservations are required and seating will be limited, so reserve early. Bring your favorite appetizer, salad, entrée or dessert (enough to serve six). It is BYOB, with water and coffee provided. Socialize with islanders, meet new friends and learn about the Kitchen Guild. Information about the upcoming Community House renovation and the planned commercial kitchen will be shared. Call 472-2155 for reservations and membership information.

## Family Fall Carnival



Oz family

The Costumes and Candy Fall Carnival is almost here! This is the 14th year that The Community House has presented a safe and fun Halloween experience for the entire family. Join us on Saturday, October 31 from 4:30 to 7:30 p.m. There will be plenty of candy, games, prizes and crafts, a dining area serving meals at family-friendly prices and Billy's Hay Ride (courtesy of Billy's Rentals) to complete the fall experience.

The Family Fall Carnival isn't just for kids; everyone is encouraged to wear costumes. Multiple costume prizes will be awarded throughout the entire night to kids, adults and volunteers.

The admission price for the carnival is one bag of individually-wrapped Halloween candy per family. Over 40 volunteers are needed to help make the evening fantastically fun. Please consider attending as a volunteer. We guarantee you will see many trick-or-treaters and hand out plenty of candy. Call Salli Kirkland at 472-4919 or The Community House at 472-2155 to volunteer. Sponsors for this year's event are Sanibel-Captiva Kiwanis Club, Billy's Rentals and Billy's Bike Shop. More sponsors are needed. Please join us for a howling good time!

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

## American Legion Post 123

Saturday and Sunday, October 17 and 18, the Ladies Auxiliary will host Oktoberfest. Lots of tasty, authentic German specialties will be served.

The 8-Ball Pool League began play on Monday, October 12 at 5 p.m. Come and watch some great action.

Tuesday's special is soft shell or deep fried tacos all day. Hump Day specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are

continued on page 49

## Colorful Sips



Egret at Sunset by Sissi Janku is the painting that will be demonstrated October 21

The Community House is hosting evening art and wine parties with local artist Sissi Janku, who will encourage the artist within to complete a masterpiece. The next session will be held on Wednesday, October 21 from 7 to 9 p.m. Member price is \$45, non-members are \$55.

No experience is necessary. Party and paint with The Community House's professional art instructor, creating your own beautiful work of art to take home. All the materials will be provided. Bring your favorite wine and a snack for shar-

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# Free Family Fun Day Kicks Off 'Ding' Darling Days



The 26th annual "Ding" Darling Days kicks off with Sunday Family Fun Day on October 18 and culminates with Conservation Art Day on October 24

"Ding" Darling Days weeklong birding and eco-festival kicks off at the JN "Ding" Darling National Wildlife Refuge on Sanibel Island this Sunday, October 18, with a free Family Fun Day. The 26th annual event runs through October 24 at the

refuge and celebrates the 139th birthday of the refuge's namesake, the father of the Duck Stamp.

Family Fun Day features free activities such as narrated refuge tram tours, live wildlife presentations, kids nature crafts, a touch tank, a butterfly house, a

photo-share kiosk and archery lessons. Value is \$75 for a family of four.

Back for a third year, Heather Henson's IBEX Puppetry out of Orlando will perform Wild Puppets! with life-sized puppets portraying endangered and other refuge animals.

The Duck Stamp Artist presentation headlines Saturday's Conservation Art Day on October 24, which also includes cartooning, a photography tram tour, nature art activities, and free art supplies.

Throughout the week, festival-goers can join free guided tours; take advantage of discounted tram, kayaking, and nature boat excursions; and sit in on free talks at the refuge and Tarpon Bay Explorers (TBE), the refuge's official recreation concession ([www.tarponbay-explorers.com](http://www.tarponbay-explorers.com)).

Free presentation topics include bee-keeping, the courtship of great blue herons, the refuge's reddish egret tracking study, and the Calusa culture.

Weeklong, an exhibit of this year's Federal Duck Stamp art will display in the Visitor & Education Center auditorium. *Santiva Chronicle* hosts a Photo Sharing Kiosk in the center also throughout the week.

Below is a schedule of highlights for the week.

"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) sponsors "Ding" Darling Days with support from TBE, the U.S. Fish & Wildlife Service, and other private and business partners. To become a friend of the refuge, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org).

For a full "Ding" Darling Days schedule, visit [www.dingdarlingdays.com](http://www.dingdarlingdays.com) or call 472-1100.

## 'DING' DARLING DAYS HIGHLIGHTS

Sunday, October 18 – Free Family Fun Day

10:45 a.m. – Flag-raising ceremony, Education Center (EC) entrance

11 a.m. – All A-Flutter About Native Butterflies program with Gary and Alice Lavimoniere, followed by free reusable good bags giveaway while supplies last, EC auditorium

All Day – 10 percent off all butterfly and bees gifts in the Refuge Nature Store

Noon – Wild Puppets! presentation by Heather Henson's IBEX Puppetry, EC parking lot

1 p.m. Live Florida Animals program with Ranger Becky and CROW, EC parking lot

2 p.m. – Snakes Alive! program with Calusa Herpetological Society, EC parking lot

3 p.m. – Live Florida animals program with Ranger Becky and CROW, EC parking lot

Monday, October 19 through Saturday, October 24

Free 2015 Federal Duck Stamp art exhibit, free and discounted birding, tram, biking, hiking, kayaking and nature boat excursions.

Monday, October 19 – Pollinator Day  
Free activities include Pollinators Walk, Bunche Beach Birding Tram, Honey Bees presentation and *Vanishing of the Bees* film.

Tuesday, October 20 – Beach & Water Day

Free activities include Ongoing Stand-Up Paddleboard Clinics, Beach Walk at Perry Tract, The Courtship of Great Blue Herons presentation and Refuge Reddish Egret Tracking Study presentation.

Wednesday, October 21 – Eco-Innovation Day

Free activities include Let's Go Geo-Caching Tour, "Discover Ding" Game App Motor Tour of Wildlife Drive and *America's Darling* film with cake for "Ding" Darling's 139th birthday.

Thursday, October 22 – Calusa Day  
Free activities include Ongoing Stand-Up Paddleboard Clinics, Calusa Culture presentations.

Friday, October 23 – Trails Day

Free activities include All-Day Wildlife Drive admission for bikers and hikers, ongoing Animal Olympics and Scat! & Animal Tracks program.

Saturday, October 25 – Conservation Art Day

All free events at "Ding" Darling Education Center, including admission to Wildlife Drive and Plein Air Artists, Art Kits (to the first 200 kids), Wildlife Cartoon Portraits (for first 50 guests), Duck Stamp Artist Demo, Duck Stamp winners presentation, Paint-a-Sand Dollar Portrait Class, Nature Photography Tram Tour and Bird-Carving Demo.

The following sponsors make "Ding" Darling Days possible: Roseate Spoonbill Sponsors: Doc's Ford Sanibel Rum Bar & Grille; Great Egret Sponsors: Wayne and Linda Boyd, George & Wendy's Seafood Grille; Great Blue Heron Sponsors: 97.7 Latino & Juan Radio, Arthur Printing, Bailey's General Store, Mike and Terry Baldwin, Bank of the Islands, *Island Sun*, Jensen's on the Gulf and Marina & Cottages, Jerry's Foods, Mitchell's Sand Castles & Forty/Fifteen Resorts, Ocean's Reach Condominiums, Sanibel Captiva Community Bank, Sanibel Moorings, Spotlight Graphics, Sanibel-Captiva Beach Resorts, Jim and Patty Sprinkle; Reddish Egret Sponsors: Sarah Ashton and Jim Metzler, Big Red Q Quickprint, Casa Ybel Resort, Sally & Rich Ennis, Florida Weekly, Glen & Phyllis Gresham, Gulf Breeze Cottages, Painting with a Twist, Ed & Lynn Riddlehoover, Sanibel-Captiva Kiwanis Club, Stewart and Sons Insurance, Inc., West Wind Inn; Snowy Egret Sponsors: Barefoot Charley's Painting Co., John Brennan, Butterfly Estates, The Cedar Chest Fine Jewelry, Charlotte Harbor National Estuary Program (CHNEP), Colony Inn, Jerry Edelman and Maryanne Daly, Grounds by Green Ways, Dave Horton, Island Therapy Center, Over Easy Café, Sallie Rich, Sanibel Art & Frame, *Santiva Chronicle*, She Sells Sea Shells, Winston and Barbara Spurgeon, Suncatchers' Dream, Tents 'n' Events.

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or [dingdarlingsociety@gmail.com](mailto:dingdarlingsociety@gmail.com). ✨

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The Sanibel Captiva Lions Club has been dedicated to helping the less fortunate since its inception on December 26, 1967. The proceeds from its various fundraising events help support a number of charities. Academic scholarships for handicapped students and programs for the visually impaired are just two of the causes that the club supports. To make donations and a full list of causes and organizations supported by the Sanibel-Captiva Lions Club, visit [www.SanibelCaptivaLions.org](http://www.SanibelCaptivaLions.org) ✨



Volunteers will receive free admission, a volunteer t-shirt and our appreciation.  
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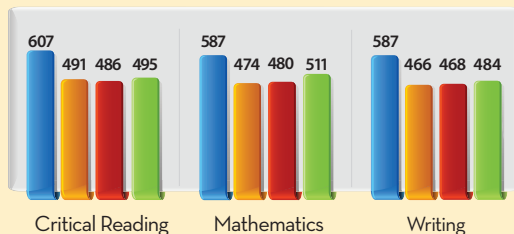
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**239.415.8945** [www.canterburyfortmyers.org](http://www.canterburyfortmyers.org)



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From page 1

## 30th Annual Baileyfest



A Baileyfest tradition, the mule team-driven wagon carries the king and queen to the stage

Presley. Ran Niehoff will offer a special performance of a song dedicated to Francis and Sam Bailey. Entertainment will also include the Deacon Quartet, Diamonettes, Buckeye Ken, The Country Chicks, Kellyn Celtic Arts Irish Dance Academy, the Country Rhythm Cloggers directed by Pat Bedingfield, J. Robert, Peter Redpath, Shining Star as well as The Sanibel School's fourth and fifth grade chorus and steel drum band.

Several local service organizations, including the Sanibel-Captiva Conservation Foundation, JN "Ding" Darling National Wildlife Refuge, FISH of SanCap, The Bailey-Matthews National Shell Museum, CROW, The International Osprey Foundation, Sanibel-Captiva Power Squadron and others will also be on hand.

In addition to games for youngsters and inflatable activities, Baileyfest will give away nearly \$1,500 worth of prizes and gift certificates from local merchants. These will include:

- Bailey's General Store – \$100 gift certificate
- Bailey's True Value Hardware – \$100 gift certificate
- Coffee Bar at Bailey's – \$100 gift basket
- Lily & Co. Jewelers – \$100 gift certificate
- George & Wendy's Seafood Grille – Four \$25 gift certificates
- Whims – Four \$25 gift certificates
- Selected Vacation Properties – \$100 gift prize
- Beach Piez – Four \$25 gift certificates
- Zebra Frozen Yogurt – Frozen yogurt party (value \$125)
- Island Cleaners – \$100 gift certificate
- The Grog Shop – \$100 wine basket
- Sanibel Sprout – Five \$20 gift certificates
- Billy's Bikes – Two \$50 gift certificates
- Island Cinema – Five \$20 gift certificates
- Sanibel Barber Shop – Three \$30 men's haircuts with styling

The merchants within Bailey's Center are giving away free raffle tickets which will be drawn for prizes during Baileyfest. They are available for free until October 25; simply visit one or more of these businesses and request a Baileyfest raffle ticket.

For additional information about Baileyfest 2015, contact Bailey's General Store at 472-1516.\*

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## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Trash & Treasures Sale** will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

**Page Turners with Ann Rodman** – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, November 11 is *The Girl on the Train* by Paula Hawkins. This is a physiological page turner following three women who cross paths before and after a gruesome crime. It debuted at number one on *The New York Times* ebook fiction list.

**Friday Collage Classes with Bea Pappas** – October 16, 23 and 30 12:30 to 3:30 p.m. Pappas teaches an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

**San-Cap Art League Plein Air Painters Group** – Thursday, October 22, 9 a.m. to noon. Art league members will be painting in the Center 4 Life gardens and invite you to join the group. Bring your own supplies and a bagged lunch. There will be an informal critique.

**NSU Museum of Art in Ft. Lauderdale** – Tuesday, October 20. Cost is \$37 for members and \$42 for non-members. Includes round trip transportation, admission to the NSU Museum of Art, including a 90-minute guided tour. NSU Museum of Art provides exceptional access to the highest level of artistic expression. Founded in 1958, the museum is a premier destination for exhibitions and programs encompassing all facets of civilization's visual history. The special exhibits will be: Pablo Picasso: Painted Ceramics and Works on Paper, 1931-71; War Horses: Helhesten and The Danish Avant-Garde during World War II; and The Indestructible Lee Miller. There will be time to explore the museum and dine on our own. Departure from Center 4 Life at 8 a.m. and will return at approximately 6 p.m. Registration deadline is Friday, October 16. Paid registration reserves your seat.

**Flavors of Matlacha** – Wednesday, November 4. Cost is \$36 for tour and lunch. This walking tour will cover history, art, ecology and culinary adventures of Matlacha. What was once an obscure fishing village is now an eccentric and flamboyant artist colony. Participants will receive a goody bag full of discounts and freebies from local merchants, galleries

and restaurants. Lunch will be at the Old Fish House Marina, with select menu items. The full length of the trip is 90 minutes.

Meet at the center at 8:15 a.m. Transportation is not included. Carpooling arrangements can be made. The registration deadline is Friday, October 30. Paid registration reserves your seat.

**Games Bridge** – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Mahjongg** – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Tuesday Kayaking** – October 20

and November 3 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday,

Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday  
continued on page 13

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# INSIDE CITY HALL

## Japanese Steakhouse Approved At Sundial

by Jeff Lysiak

During a lengthy planning commission meeting on Tuesday, a conditional use permit and a development permit was approved for the Sundial Beach Resort & Spa to add a Japanese hibachi-style steakhouse and sushi bar to the Middle Gulf Drive location.

According to the city's Planning Department staff report, the 32-seat restaurant application – which includes a portion of the area currently occupied by the Waterview restaurant – requested to have the flexibility to be able to convert the proposed restaurant use and venue in the future to any other type of food use.

“Eating Places and Restaurants are permitted as a conditional use only and are subject to the Land Development Code’s general and specific requirements for conditional uses,” the staff report reads in part. “Restaurants can generally present a greater use in intensity than a permitted use. Therefore, these types of uses must clearly demonstrate that they will not pose an adverse impact upon either the existing physical and environmental characteristics of the site or to those surrounding lands and existing uses

nearby.”

The staff report, presented by department director Jim Jordan, recommended approval of both permits subject to 11 conditions, including:

- The total number of available dining seats shall be restricted to a maximum of 32 seats with no more than eight seats at each of the four hibachi cooktop tables.
- Not including the permitted 32 bonus outdoor dining seats, the total number of seats allocated to the various restaurant and bar uses and venues at Sundial Beach Resort and Spa shall not exceed 285 seats.

Attorney Beverly Grady, representing property owner RLR Investments, LLC, told the commission that her client would comply with all of the recommended conditions. After a brief discussion, commissioner Chuck Kettelman made a motion to approve the applications, which were seconded by fellow commissioner Jason Maughan. The motion passed unanimously, 6 to 0.

Sundial representatives stated that the restaurant conversion process would take approximately eight weeks to complete, and hoped for the new eatery to be open by December or January.

In other business, two variance hearings were continued following detailed debate among the applicants’ representatives and members of the commission. The first variance request, which sought to construct a boat dock with two boat lifts at a 720 Periwinkle Way residence, was delayed to allow the applicant additional time to work with city staff on

designs for the dock itself.

A second variance application, for a pair of connected properties located at 1540 and 1545 San Carlos Bay Drive, was seeking both the construction of a new single-family residence and swimming pool as well as the construction of a boat dock and two boat lifts. Of the latter request, the applicant sought to expand the current dock from 124 square feet to 316 square feet. However, because the larger dock would extend the existing non-conformity of the property, commissioners noted that they were unlikely to grant that request.

Attorney Steve Hartsell, representing proposed property owners Salvo and Donna Marks, offered a second boat dock design – which sought to expand the

accessory to 202 square feet – prepared by Stokes Marine, Inc. Because the city staff did not have sufficient time to examine the alternate proposal, both the applicant and commission agreed to continue the hearing on the variance request until the next planning commission meeting, scheduled for Tuesday, October 27.

“This is a better plan than what was proposed with this application,” senior planner Roy Gibson told the commission. “But we need to fully vet that before we can offer any recommendation.”

Commissioners also agreed to close the public hearing on the residential portion of the variance request, since both sides agreed to conditions proposed by city staff.✪

## City Seeks Feedback On Shared Use Path Intersection Improvement Study

Citizens of Sanibel are invited to submit their input on each of the recommendations included in the draft Shared Use Path Intersection Improvement Study. You may submit your input by:

- Attending the Thursday, October 22 Open House, to be held from 9 a.m. to noon and from 3 to 7 p.m. at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road.

- Submitting written comments by mail or in person to:  
Sanibel City Hall  
800 Dunlop Road  
Sanibel, FL 33957

It would be most useful to receive your comments by noon on Friday, October 30. If you have any questions, send an email to [Keith.Williams@mysanibel.com](mailto:Keith.Williams@mysanibel.com) or call Keith Williams, Director of Public Works, at 472-6397.✪



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# Island Democrats To Conduct Welcome Back Potluck Supper

On Thursday, October 22, the Democratic Club of the Islands regular meeting will be a potluck supper at The Community House, located at 2173 Periwinkle Way on Sanibel. This annual event is held to renew old friendships and welcome new ones. Everyone interested in progressive politics and helping Democrats win local, state and national office is invited to attend.



Yoseph Tedros

Entrée meats and beverages will be provided by the club, and attendees are asked to bring a dish to share. Supper begins at 6 p.m.

The club is honored to feature Yoseph Tedros, the current chair of the Lee County Democratic Executive Committee. Tedros has a bachelor's degree in Political Science and a master's degree in Agricultural Economics. He is from Addis Abbaba, Ethiopia, and came to the United States in 1974 to attend college. Currently, Tedros is the RSW Fleet Manager with Hertz. His career includes 30-plus years as a manager in the service industry. Tedros will speak about opportunities for people interested in getting involved in Democratic Politics. His talk will be a "call to action" for folks

interested in helping elect Democrats at every level.

All members of the Democratic Club are urged to attend, as well as members of the public who want to support progressive politics, or to become informed voters. The meeting is free and open to the public. The Democratic Club is organized to stimulate interest in governmental affairs, to educate the public about issues, and to support the ideals and principles of the Democratic Party. Anyone wishing to join the Democratic Club is asked to bring a check for \$25 to DCI at the October Potluck Supper.

For more information, contact demclubislands@gmail.com or call 313-5718.\*



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Youngsters making ice cream at St. Michael and All Angels Episcopal Church

# St. Michael's Youth Group Begins Soon

St. Michael and All Angels Episcopal Church invites all young people, from sixth graders to seniors in high school, to join its Wednesday night Youth Group. The group, which runs from October through the end of May, meets in the St. Michael's Cottage, attached to the Parish Hall from 6 to 7 p.m. on alternate Wednesdays. The next meeting will be held on October 28.

The Youth Group leader is Meghan Warner, a junior at Florida Gulf Coast University. She carries a heavy scholastic load, with majors in both Resort and Hospitality Management and Special Education. On FGCU's campus, she is actively involved in FGCU Housing and the National Residence Hall Honorary Society, as well as Kappa Delta Sorority. An alumna of Youth Group herself, Warner is in her second year serving as St. Michael's youth leader.

St. Michael's Youth Group is a prayer-based, service-learning group that focuses primarily on charitable endeavors. One recent recipient of the group's mission

of service is Pine Manor in Fort Myers, which the group helped, by joining a paint crew to paint its community center and by holding food drives for its food pantry.

Partnering with El Hogar Ministries in Honduras during last year's Christmas season, the group created an Angel Tree, on which it hung ornaments with pictures of Honduran children who are either abandoned or living in poverty. Parishioners "adopted" a child, by donating to the ministry, and then took the child's picture home.

Warner and Rector Ellen Sloan are fully dedicated to the mission of Youth Group, bringing young people together in comfortable, small groups. "It not only strengthens their Christian faith, but it also offers these inspired and inspiring young people support, new understandings and guidance, as they make their way in this complex and challenging world," said Dr. Sloan.

During each twice-monthly gathering, which includes a light supper, participants engage in discussion of scripture, conversations about everyday problems and joys in their lives, plans for mission and outreach projects, and some activities that are just for fun. Last year, Youth Group members held a pool party, attended Way FM's annual Way Fest concert, saw *Godspell* live at Sanibel's Herb Strauss Theater, and had a sleep-over where they had a cookout on the beach, made ice cream, watched movies, played interactive games, built a bonfire, ate s'mores and held a communion service in the church sanctuary, at midnight and by candlelight.

The first meeting is devoted to discussion about activities for the coming year. To inquire about Youth Group, call Dr. Sloan at 472-2173. The church is located at 2304 Periwinkle Way. For more details, call 472-2173 or visit [saint-michaels-sanibel.org](http://saint-michaels-sanibel.org).



Chapel by the Sea

# Call For Artists

In conjunction with the Captiva Chapel by the Sea receiving recognition on the National Register of Historic Places, the Captiva Civic Association (CCA) would like to Deck the Hall with Chapels to celebrate the holiday season.

The CCA invites both freshly rendered and earlier original artworks depicting the Chapel by the Sea and/or the adjacent Captiva Historical Cemetery as entries in this special exhibition.

The CCA exhibit opening reception will take place on Tuesday, December 8 from 5 to 7 p.m. in the newly-renovated Civic Center Hall. The artist's reception is open to the public. The exhibit will run through December 18.

For further information, contact Erin Hagan at 472-2111 or [erin@ccaptiva.org](mailto:erin@ccaptiva.org).

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# FREE MOVIE NIGHT!

## OCTOBER BABY

A beautiful and naive college freshman sets out on a road trip with her misfit friends to discover herself after learning that her entire life is a lie.

Sunday, October 18th at 5 p.m.  
In the Sanctuary

Free Hot dogs, chips and sodas.

A love offering for Lifeline Family Center will be received, or you can bring any of the following items to bless this ministry: diapers (size 4 or 5), unscented wipes, Genie diaper refills, fruit or vegetable canned goods.

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## New Book Released By Sanibel Pastor

How could an innocent little girl be terrorized by a demon? In this compelling story of spiritual conflict, a heartbroken single mom raising her little girl, Esther, alone finds herself in the middle of a cosmic battle with eternal consequences.



Dr. Daryl Donovan



be at the Sanibel Island Bookshop for a book signing of this powerful new release. Sanibel Island Book Shop is located at 1571 Periwinkle Way.

The following weekend, on Sunday, October 25 from 2 to 4 p.m., Pastor Donovan will be at the Carpenter's Café and Bookstore on the campus of Sanibel Community Church, 1740 Periwinkle Way.

Twenty percent of all sales will go to the Florida Baptist Children's Home in Fort Myers, providing both foster care and adoption for children at risk.

This is Pastor Donovan's second fiction work, with his previous release

of *Sanibel Island Under Siege*. Other publications include Christian instruction resources; *Men Mentoring Men*, *Able to Stand*, *Mentoring for Marriage*, *Maximizing Your Marriage* and *Men Mentoring Men, Again*. Pastor Donovan has served in Christian ministry for more than four decades, serving at Sanibel Community Church since 2001.✱

## Meals-By-FISH Food Program

There are many on our islands who receive a daily, home-delivered meal from a FISH of SanCap volunteer. The Meals-By-FISH program incorporates delivery of a hot, nutritious meal per day, up to five days per week, including extras for the weekend. These home-delivered meals are for individuals desiring convenience or independent living, as well as for patients recuperating at home or managing a chronic illness. FISH realized a need and had the desire to help those recuperating after a hospital stay, those with chronic illnesses, and those who simply could no longer cook for themselves.

The Meals-By-FISH program is a solution for everyone who wants access to healthy meals that are both convenient and easy to prepare. Provided through a partnership with Bailey's General Store, the meals taste great and are easily reheated. FISH volunteers help to ensure each household has the

right order, and delivers them right to their doors. Volunteers often spend a few extra moments socializing with meal recipients in an effort to combat loneliness and make new friends.

Thanks to volunteers and partnerships with CAMEO of Lee County and Bailey's, FISH continues to be champions for our neighbors who require or request the Meals-By-FISH program. Those who qualify may receive meals at reduced or no cost.

For additional information, visit [www.fishofsancap.org](http://www.fishofsancap.org).✱

From page 9

## Island Seniors

and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. (resumes October 27). Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱



CHR board president Richard Johnson, Pastor Mark Hutchinson and Dr. Bob Stuckey  
photo courtesy of CHR

## Church Supports CHR Through Volunteerism

Pastor Mark Hutchinson of Sanibel Fellowship, a Christian Bible study group that meets on Sunday mornings at The Community House, visited a recent Community Housing and Resources board meeting with some members of his group to deliver a dona-

tion of \$400 and to offer volunteer support where needed.

"Sanibel Fellowship is a church that wants to get involved in the community, helping people as they struggle with life problems," Hutchinson told CHR board members. "Our people want to do more than give financially to Community Housing and Resources, we want to make ourselves available to help any way we can with some of the practical day-to-day needs."

CHR executive director Kelly Collini

points to volunteerism as an integral part of what makes CHR function.

"From the board of directors and board committee members – who are all volunteers – to the dedicated people that help us with maintenance projects, special events, and a host of other things, CHR values the time that volunteers give in support of our mission," said Collini. "It's an understatement to say affordable housing would not be possible on Sanibel without the dedication of our CHR family."

Local nonprofits like CHR require monetary donations in order to provide their services, but oftentimes donated time is just as valuable.

"When you add up the hours and hours of volunteer time that people have

given to us over the years, that time represents an investment," Collini added. "People give time for the same reasons that they give money – because they believe in a mission and are passionate about helping others. That is what Pastor Hutchinson and Sanibel Fellowship are doing."

Sanibel Fellowship meets at The Community House, 2173 Periwinkle Way on Sanibel, every Sunday morning from 9 until 11 a.m. and is open to all. For more information, contact Pastor Mark Hutchinson at 284-6709.

For more information, visit [SanibelCHR.org](http://SanibelCHR.org) or call 472-1189. Donations and contributions to CHR are tax deductible.✱

## Gospel Of John Course At Sanibel Congregational United Church

One of the most intriguing books in the New Testament is the Gospel of John. Written some time after the other three canonical gospels (Matthew, Mark and Luke) it follows its own path. In style and substance, it presents a rather different picture of Jesus.

Beginning Tuesday, October 20 at 10 a.m., and continuing weekly thereafter, the Rev. Dr. John H. Danner of Sanibel Congregational United Church of Christ will lead a class exploring the climatic stories at the end of this gospel, the stories of Jesus' trial, crucifixion and resurrection. Students should bring their own copy of the text, though Bibles will be available for those who need them.

The class will meet in the congregation's Fellowship Hall, and will last 90 minutes. For further information, contact the church office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org). The class is free and open to the public. The church is located at 2050 Periwinkle Way on Sanibel.✱



# St. Michael's Acolytes Attend Episcopal Diocesan Festival



St. Michael's acolytes attending the festival included, back row from left, Daniel Lincoln, Emma Neill, Michael O'Brien, Chet Sproles, Jenna Kjoller and Marvell Bradley; front row, Anna and Mia Kjoller, Sean O'Brien and Ashleigh Williams

On September 25 and 26, 10 acolytes from St. Michael and All Angels Episcopal Church participated in the Second Annual Acolyte Festival, held at the Cathedral Church of St. Peter in St. Petersburg. Led by Dr. Ellen Sloan, Rector at St. Michael's, and assisted by Betsy and Jerry McCullough, the participants were Marvell Bradley, Anna, Jenna and Mia Kjoller, Daniel Lincoln, Emma Neill, Michael and Sean O'Brien, Chet Sproles and Ashleigh Williams. They were joined for the festival by approximately 600 attendees from the Diocese of Southwest Florida, including more than 300 acolytes.

The festival's central event was a Holy Eucharist service, which included a solemn procession of Acolytes, in full regalia, through the nave of the c.1899 gothic cathedral. During the service, the acolytes renewed their vows. Marvell Bradley, a Eucharistic Minister at St. Michael's for the past four years, was honored as one of four acolytes chosen to serve as Eucharistic Ministers for the service, and Anna Kjoller, head acolyte at St. Michael's, was selected to read the Prayers of the People. Officiating at the service were the Bishops of the Diocese of Southwest Florida. The Rev. John Palarine, Diocesan Canon for Youth, delivered the sermon. The service was highlighted with



Emma Neill was chosen to carry one of the crosses during the vested procession special music for the celebration performed by full chorus and organ. Young people in grades 4 to 12 who are interested in becoming acolytes at St. Michael's may contact Dr. Sloan at 472-2173. The church is located at 2304 Periwinkle Way. For more details, call 472-2173 or visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).

## Future Engineers Enjoying Building



Daniel Tison, Jase Foster, Kahanu Otalvaro and Kekoa Otalvaro

Daniel Tison, Jase Foster, Kahanu Otalvaro and Kekoa Otalvaro enjoyed building structures with the magna blocks and figured out how to make tower garages for their cars. Children enjoy many options during center time at Summit Christian Preschool at Sanibel Community Church, located at 1740 Periwinkle Way. Children are allowed to choose freely between a variety of learning materials including manipulative, building, dramatic play and art supplies that are always available. Call Kathy Stanley at 482-7007 if you would like information about registration.

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### BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam  
Temple of the Islands meets for Friday  
night services at 7 p.m. in the Fellowship  
Hall of the Sanibel Congregational United  
Church of Christ, 2050 Periwinkle Way.  
Rabbi Myra Soifer. For information call  
President Martin Pokedoff at 239-395-2544.

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ate Pastor. 7:45 a.m. Chapel Service, 10  
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9 a.m. Tuesday Morning Prayer, 9 a.m.  
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472-2173, www.saintmichaels-sanibel.org

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#### OF THE ISLANDS:

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Congregational Church, 2050 Periwinkle  
Way at 5 p.m. A pot luck is held at a mem-

ber's home on the third Sunday of each  
month. For more information call 433-4901  
or email ryi39@aol.com.✱

## Taizé Services To Be Inaugurated At St. Michael's

St. Michael and All Angels Episcopal Church will offer contemplative Taizé services on the third Wednes-  
day of every month, beginning October 21 at 6 p.m. The half-hour service consists of candlelit, meditative prayer and music. Light refreshments will be served at a reception after the service.

The Taizé service originated in the 1940s in a monastic community in southern France. Populated by brothers of all denominations and countries of the world, Taizé seeks – in part – to inspire Christian ecumenism, especially between Catholics and Protestants. Having grown in reputation over the years, it has become a popular destination for pilgrims. As many as 7,000 seekers of all faiths now journey each week to the Taizé community.

Celebrated at dusk, the Taizé service moves according to its own meditative rhythm, through song, psalm reading and



Acolyte and Eucharistic minister Emma Neill and Rector Ellen Sloan prepare for the first Taizé service at St. Michael and All Angels Church photo by Jan Holly

silence. The core of the service is sung prayer, which consists of hypnotically repeated lines and Biblically inspired texts. Participants immerse themselves in

continued on page 49

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Shell Of The Week

# Tiny Dwarf Olive



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The tiny dwarf olive, *Olivella pusilla* (Marrat, 1871), is a local species found in relative

abundance on sandy-mud bottoms and mud flats. Dwarf olives used to be united with “normal-size” olives in the family *Olivellidae*, but details of the anatomy and DNA separate them into their own family, the *Olivellidae*. The shell is up to 8 mm (about 1/4 inch) in size, bullet-shaped, with about five whorls and a short spire. The color pattern in this species is very variable, but usually includes a cream, grayish or bluish-gray background with variable patterns of darker spiral bands and faint flame-like markings. Shells may also be almost completely black; the dark live specimen on the right picture was photographed by Amy Tripp on a sand bar on the eastern side of the Jolly Bridge in Naples.

## Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk



Photos José H. Leal

## The tiny dwarf olive, *Olivella pusilla*

near the Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts run continuously throughout each day.

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the

fascinating world of mollusks.

Monday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO  
Wednesday at 1:30 p.m.: Midday Tank Talk at the museum’s live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it



Photo Amy Tripp

photo on the left by José H. Leal, right by Amy Tripp

home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO  
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).\*

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)



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# Captiva Holiday Village 2015 Schedule Of Events



'Tween Waters Inn's fireworks and tree lighting will be held on November 28

Captiva Island hoteliers, merchants, attraction owners and restaurateurs are getting ready preparing for the 6th annual Captiva Holiday Village, held from Friday, November 27 through Saturday, December 26.

The five-weekend-long Captiva Holiday Village launches its 2015 spectacular the Friday after Thanksgiving with fireworks, tree lightings, musical performances and more. Each weekend will be a fun-filled extravaganza of sight and sound set against the backdrop of the Gulf of Mexico and evening sunsets. During the event weekends, visitors will enjoy everything from decorated golf cart and lighted boat parades to live music and holiday strolls.



Winners of the 2014 Golf Cart Parade, "The Gingerbread Cart" by The Bubble Room. The 2015 parade is scheduled for December 19.

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"Captiva is a remarkable island village known as a magnet for creative people," said Paul McCarthy of Captiva Cruises, a Boat Parade sponsor. "The island has been a source of inspiration for world-renowned artists such as Robert Rauschenberg and Roy Lichtenstein. Famous for its beautiful beaches, wildlife-filled waters, family-friendly atmosphere and quirky, relaxed way of life, Captiva is a perfect place to unwind."

Kicking off the holiday season on the Friday after Thanksgiving, hundreds gather at 'Tween Waters Inn to sing Christmas carols, watch a spectacular fireworks show over the Gulf of Mexico, and get a chance to chat with Santa.

"You can't help but get into the holiday spirit," said McCarthy. "Families from all over the county come to begin their holiday season on Captiva, this event has become part of their family tradition."

The Golf Cart Parade begins at South Seas Island Resort at 4 p.m. on Saturday, December 19 and is limited to the first 100 entries. All entries must incorporate a holiday theme. The parade route travels from South Seas to Andy Rosse Lane then loops around side streets returning back to South Seas. Prizes are awarded for the best entries, including a People's Choice Award.

The Boat Parade will take place at 6 p.m. on Saturday, December 12 outside Roosevelt Channel Market #2. The route will follow Roosevelt Channel to 'Tween Waters Inn and back. There is no entry fee for the Boat Parade and prizes are given to the best-decorated vessels. A minimum of 100 lights is required for entry but more are encouraged. South Seas Island Resort will rent boats to resort guests if they want to decorate and participate in the parade.

"Throughout the summer we started getting calls about the golf cart and boat parades," added McCarthy. "These are such unique and fun events for locals and visitors, the competition is fierce. Participants plan a year out on decorations and each year we are amazed at the creativity of the entries, outdoing what was done last year. I am looking forward to see what is done to top last year!"

Families are invited to join South Seas Island Resort for a breathtaking display of holiday lights and family activities during their Holiday Stroll event, December 11, 12, 18, 19, 25 and 26 at 6 p.m. The stroll includes live entertainment, Santa visits, arts and crafts, games, s'mores, and other holiday surprises. Proceeds from the event will benefit Community Cooperative, a local non-profit agency which cares for the hungry and homeless.

Captiva Island resorts, inns, cottages and vacation homes are also offering lodging specials in conjunction with this year's event.

To learn more about the Captiva Holiday Village, visit [www.captivaholidayvillage.com](http://www.captivaholidayvillage.com).

### 2015 Event Schedule

November 27	'Tween Waters Inn Fireworks Show and Tree Lighting
November 28	Sunset Arias at 'Tween Waters Inn
November 28	South Seas Island Resort Tree Lighting
December 4	Sunset Arias at 'Tween Waters Inn
December 5	Captiva Luminary
December 11	South Seas Island Resort Holiday Stroll
December 12	South Seas Island Resort Holiday Stroll
December 12	Captiva Cruises Boat Parade
December 13	Chapel by the Sea Carol Sing
December 18	South Seas Island Resort Holiday Stroll
December 19	South Seas Island Resort Holiday Stroll
December 19	South Seas Golf Cart Parade
December 25	South Seas Island Resort Holiday Stroll
December 26	South Seas Island Resort Holiday Stroll ✱



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Fourth graders from The Sanibel School show off their Every Kid In A Park passes, which were given to them last Tuesday afternoon at the JN "Ding" Darling National Wildlife Refuge by Supervisory Refuge Ranger Toni Westland  
photos by Jeff Lysiak

## Refuge Distributes Park Passes To Fourth Graders

by Jeff Lysiak

**A**s a brand new initiative to introduce America's youth to outdoor spaces and all that nature has to offer, the JN "Ding" Darling National Wildlife Refuge distributed 41 Every Kid In A Park passes to fourth graders from The Sanibel School on October 6.

"As part of President Obama's commitment to protect our nation's unique outdoor spaces and ensure that every American has the opportunity to visit and enjoy them, the Every Kid in a Park initiative allows fourth graders nationwide to go to [www.everykidinapark.gov](http://www.everykidinapark.gov) and obtain a pass for free entry for them and their families to more than 2,000 federally managed lands and waters nationwide for an entire year starting September 1, 2015," last month's press release announcing the initiative stated.

The Every Kid In A Park passes invite children of all backgrounds to discover their public lands and all they offer, including opportunities to be active and spend time with friends and family. As living classrooms, these outdoor places and historic sites also provide hands-on, real-world opportunities to develop critical skills and learn about the natural world.

According to Supervisory Refuge Ranger Toni Westland, who handed out the passes along with "Ding" Darling Wildlife Society President Doris Hardy and The Sanibel School's Principal Barbara Von Harten, the reaction from



The fourth graders being sworn in as honorary rangers on October 6

the fourth graders has been overwhelmingly positive.

"It's empowering for them because their families get to go and visit America's parks because of their pass," said Westland, who noted that the passes – which are valid through August 31, 2016 – are good for unlimited visits by the pass holder and up to three adults. "And the kids also love (the passes) because they look like their very own credit card!"

In addition to the U.S. Fish and Wildlife Service, which oversees the JN "Ding" Darling National Wildlife Refuge, Every Kid In A Park participating agencies include the National Park Service, U.S. Bureau of Land Management, U.S. Bureau of Reclamation, National Oceanic and Atmospheric Administration, U.S. Forest Service and U.S. Army Corps of Engineers.

By introducing fourth graders to public lands in their backyards and beyond at an early age, the Every Kid In A Park initiative delivers a nationwide call to

action to build the next generation of outdoor stewards of our country's spectacular and diverse federal lands and waters.

"We at 'Ding' Darling National Wildlife Refuge are very pleased to be able to offer this opportunity for every fourth grader, in Lee County and beyond, to get kids outdoors with their families and experience the wild beauty of our refuges, parks and forests," said Refuge Manager Paul Tritaik. "We hope when these kids visit these natural wonders, they will experience the joy of nature that will stay with them for a lifetime."

During last week's presentation, held at the refuge's Wildlife Education Boardwalk pavilion, Westland swore in the school's entire fourth grade class, distributed the passes and invited the students to visit the refuge during next week's annual "Ding" Darling Days celebration, which will run from October 18 to 24.

The Every Kid In A Park initiative



Sanibel School Principal Barbara Von Harten, right, swears-in her students with assistance from Ranger Toni Westland



Closeup of the Every Kid In A Park pass

is slated to continue with each year's group of fourth graders to inspire successive generations to become responsible stewards of our nation's natural and cultural heritage.

"I really hope that it continues, because I have a first grader and a third grader at home," added Westland.

Fourth graders (including home-schooled students) can obtain a paper pass for free entry into all federal lands and waters by visiting the Every Kid In A Park website at [www.everykidinapark.gov](http://www.everykidinapark.gov). They can exchange the paper pass for a durable plastic Interagency Annual 4th Grade Pass, now available at the JN "Ding" Darling National Wildlife Refuge as well as other participating locations. Fourth graders must be present for free entry into parks and to exchange the paper pass for a plastic pass.✪

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# CECI To Host Pigs In Paradise

Get ready for a great time, great food, better company, children's games and a delicious cookie ice cream bar! These will be some of the highlights of the Children's Education Center of the Islands' inaugural pig roast, Pigs in Paradise, to be held on Sunday, October 18 from 4 to 8 p.m. at The Community House, 2173 Periwinkle Way. A silent auction with wonderful baskets will be up for bidding. This event is open to the community and will benefit CECI student scholarships as well as capital improvements to the facility.

The family-friendly evening will feature pigs roasted in two different styles by CECI parents and staff, as well as smoked cornish hens, chicken and hotdogs for the non pig-eaters. Admission will include roasted pork or other main dish, sides, beverages and a cookie sundae bar. Beer and wine will also be available for a suggested donation.

A very limited number of tickets are still available. Tickets are \$30 in advance, \$35 at the door and \$10 for children ages 13 to 18; kids 12 and under are free. The preschool strongly recommends that people buy tickets in advance so they can get an accurate head count.

Kiwanis is the Title Sponsor for this event, as well as Platinum Sponsors Jeff and Veronica Powers and Golden Fig Homes. Other area businesses are invited



Landon Markosky won the contest for his best pig noise in preparation for the Pigs in Paradise fundraiser

to sponsor the event. Currently, sponsorships are available at the silver (\$250), gold (\$500) and platinum (\$1,000) levels. Sponsorships includes tickets to the event and display in promotional materials. Money raised goes towards the preschool's scholarship program as well as



Maja Mossberg stands in front of the pig painting some of the VPK children painted during their free choice center time

capital improvements.

The preschool, which opened in 1974, is a non-profit preschool which serves families who live or work on Sanibel and Captiva. It is open to children

ages 18 months to 5 years. To register you child, buy event tickets, become a sponsor or donate items to the silent auction, call Ms. Cindy at 472-4538.✱

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## Sand Dollars Focus Of Sea School Study



The Sanibel Sea School's Dr. Bruce Neill uses calipers to measure a juvenile sand dollar

photos courtesy of Brooke Linn, Sanibel Sea School

by Jeff Lysiak

Earlier this year, the leaders and staff from the Sanibel Sea School noticed something rather unusual in the waters surrounding the island: a dramatic increase in the numbers of sand dollars.

"This summer, we realized that there are literally millions of sand dollars in the waters around Sanibel," said Dr. Bruce Neill, co-founder and executive director of the Sanibel Sea School. "This is a settlement event which we hadn't seen in our nine years."

But despite their popularity among shellers and



A collection of juvenile sand dollars

beach-goers, not much is known about these delicate marine creatures.

Named for their resemblance to coinage, sand dollars are echinoderms (which means "spiny skin") and are related to sea stars and sea urchins. Typically ranging from the size of a dime to more than five inches in diameter, these invertebrates have a hard skin comprised of calcium carbonate plates. The bottom surface contains the mouth, several spines (which trap food) and the cilia (small hairs) that guides food into the mouth. Sand dollars have small tube feet that are used as gills; holes on the top surface are where the eggs and sperm are released.

One little known fact about sand dollars is that their larvae can also clone themselves, usually done in reaction to the threat of predators.

While most sand dollars are found at depths of 30 to 40 feet, younger specimens can be found in shallow waters near the beach. Shellers on Sanibel often find the dead "shell" of a sand dollar (called a "test") washed up along the shoreline.

But what does the increased number of sand dollars – revealed in a recent Sanibel Sea School investigation to be more than 1,600 specimens per square meter in

some areas off the eastern end of the island – actually mean? What may have triggered the massive population explosion? And is it a good thing or a bad thing? At least one local marine expert would really like to know.

"We should pay attention to what they're doing," said Dr. Neill, who announced that the Sanibel Sea School has launched a study focusing on three areas:

- The survival rate of juvenile sand dollars
- The growth rate of sand dollars
- The age and structure of adult sand dollars

The Sanibel Sea School, in collaboration with researchers and scientists from the University of South Carolina and students from The Canterbury School in Fort Myers, is planning to dedicate several years to this study of sand dollars, periodically publishing the results of their research in scientific journals, online blogs and social media outlets.

"We think that over this long-term study, a lot of information will be found about these simple creatures," added Dr. Neill, who noted that other segments of the study may include looking at the influence of freshwater flows down the Colosahatchee and the impacts of man-made environmental events (i.e. oil spills).

Currently, the school is looking for teenagers and adults from the islands to assist with the sand dollar study. Dr. Neill explained that he is recruiting people who "want to be actively engaged with their brains" and who may want to take part in helping learn more about our local marine life.

"This study is centered on why we are seeing higher densities of sand dollars than have ever been recorded in scientific history," he said. "Our goal is to have citizen scientists – teenagers or adults – who have an interest in asking relevant questions, seeking genuine answers and sharing our research findings with the world. We're really hoping to engage a significant number of island residents with our study."

For additional information about becoming a participant in the sand dollar study, call the Sanibel Sea School at 472-8585.✧

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## Fall Visitors Now Arriving



by Capt. Matt Mitchell

The opening of stone crab season traditionally marks the start of fall fishing opportunities for anglers. Our water temperature has already cooled off into the low 80's and everything has just come alive. Huge amounts of little fry bait can be found all along the beaches and through the sound, along with everything that follows and feeds on it.

These next few months, I really enjoy to spend time out along the beaches when light or easterly winds allow. Many of the migratory species we see in the spring and fall are now on the annual trek heading south for the winter. This next few weeks will give anglers lots of options and a real change of pace from our usual mangrove fishing for snook and redfish.

Many of these migratory species can be targeted by simply locating birds feeding on bait. The amount of life out on the beaches gets crazy, with everything from ladyfish and mackerel all the way up to the apex predators like King mackerel, sharks and tarpon. Being open minded and prepared to catch whatever appears is the key to this beach-side mixed bag fishing. Spoons and small jigs will catch most of the smaller fish out here and are a good way to begin fishing your way up the food chain.



Mary Laser of Sanibel with her keeper snook caught this week fishing with Capt. Matt Mitchell

Some of my favorite action of the year happens out along the beaches, chasing the massive schools of bonita that explode on the bait schools. "Running and gunning" between the fast moving schools of bonita as they make the surface look like a blender is a blast. Once spotted, it's just a matter of running the boat to intercept their projected movement so your anglers can quickly cast at them. When these bonita hit your fast moving lure, it is so explosive that it feels like they could snatch the rod from your hands. Then, that first run of these relative of the tuna is just blazing fast, with the angler feeling every tail beat as they speed off.

Once close to the boat, they don't give up easily, making powerful circles. This type of fishing is all about that visual bite and quickly getting to where the fish are gorging on bait schools.

The same massive clouds of bait that are being ambushed by hungry schools of bonita, mackerel, jacks, bluefish and ladyfish will often have larger species working through them, too, attracted to all the commotion. Life in the ocean means eat or be eaten, and this is the whole food chain out here. Watch for schooling sharks feeding right on the surface or coming out of nowhere as they steal your hooked fish. Some of the most explosive visual feeding tarpon action I have ever seen happens here, along with big King mackerel within sight of the beaches. The fall seasonal buffet out along the beaches can be a sight that has to be seen to be believed and will only get better until the water temperature dips below 70 degrees.

October 15 brought the opening of stone crab season. For the last few months, I've see the many preparations involved with the stone crab boats that are kept a few docks down in St. James City. Like any other kind of commercial fishing, this is not only a family tradition but really hard work, totally dependent on Mother Nature. Captains and crews only have until April 15 to make their money. Every morning, I follow these boats out the canal before the sun rises, often wondering how can they even pull the pots during some crazy rough weather conditions.

Stone crab claws have to be a minimum of 2 3/4 inch in size to be harvested, and contrary to popular belief, it is legal to harvest both claws from the crab if they are both of legal size. Unlike many other kinds of crab fishing, the stone crab is released alive as they regrow claws. Stone claws are a true south Florida delicacy and a way of life for the guys that catch them. My dinner on the 15th only had one side dish: mustard sauce.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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CROW Case Of The Week:  
**Peregrine Falcon**



by Patricia Molloy

Late last month, a peregrine falcon was found in a ditch in Bonita Springs. Upon presentation, it was discovered that the bird was unable to move its right wing. The falcon was admitted to CROW

as patient #15-2744.

As the fastest-flying bird on the planet, the peregrine falcon (*Falco peregrinus*) can dive at speeds up to 200 mph. Not only fast, it is also known for impressive aerial acrobatics and unparalleled grace. The raptor is also one of the most widely distributed species in the world and is found on every continent except Antarctica. Highly adaptable, it can survive in a wide variety of habitats that include the tropics, deserts, urban cities and tundra. Peregrine falcons mate for life and breed in the same territory every year.

The name *peregrine* is derived from the Latin word *peregrinus*, which means "to wander," because these falcons are known to fly very long distances. While peregrine falcons that live closer to the equator tend not to migrate, those in the northern part of their range make yearly migrations of more than 20,000 miles. To put that in perspective, it would

be like crossing the entire United States seven times in a single year. Peregrine falcons have also played a significant role in human history. In ancient times, these noble raptors were considered birds of royalty. To this day, they are still one of the most popular birds in the sport of falconry. "He came in with a really good body condition," said Dr. Heather. "He was nice and fat, probably because he's about to start his migration. They always get a little fatter right before migration starts." Approximately a week after his arrival, the falcon was sedated and prepped for surgery to repair an elbow luxation. After surgery, a figure-eight bandage was used to stabilize the wing. With time and supportive care, the patient will likely make a full recovery.

"The falcon is doing well. From what we can tell, he has not been picking at his bandage at all. We're making sure to give him a good amount of force-feeds, because he's just not eating on his own yet. He is on Valium and he's perching well," Dr. Molly concluded. CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org).



The peregrine falcon is a regal bird of prey. As the fastest animal on Earth, it can reach speeds of up to 200 miles per hour. Patient #15-2744 is shown with a bandaged right wing.

# Gramma Dot's

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Cel Luke of Sanibel oversees prize-winning orchids at last year's meeting of the Sanibel-Captiva Orchid Society

## San-Cap Orchid Society Meeting

The Sanibel-Captiva Orchid Society will start its 2015-16 season with a discussion on the topic Orchids At Home on Monday, October 19. The program will be presented by Marilyn Visussi of Marilyn's Orchids in Fort Myers. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, 2304 Periwinkle Way on Sanibel.

Orchid novices are encouraged to come to the meeting's Fundamentals

Session at 1 p.m. to hear Bill Overton discuss What's In The Pot? Media For Where We Live. Overton has been growing orchids for over 40 years and is an accredited American Orchid Society judge. He will moderate this season's monthly Fundamentals Sessions.

Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during Show and Tell. San-Cap Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. An orchid raffle will also be held. Annual society membership is \$25 individual, \$45 for couples; guests may attend for \$5.\*

## City Of Sanibel Vegetation Committee View Beautiful, Colorful Native Vegetation



Horsemint, Spotted Beebalm (*Monarda punctata*) photo by J. Zimomra

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of City Hall grounds, which have been planted solely with native plants. The next tour of City Hall grounds is on Saturday, October 17 beginning promptly at 10 a.m. If you are unable to attend, the next tour dates are Wednesday, November 18 and Wednesday, December 9.

Come walk the grounds for ideas on planting native vegetation that requires no fertilizer. Come see how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation Committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental irrigation.

Registration is not required. Attendees meet at the main entrance to City Hall, 800 Dunlop Road, in front of the main staircase. For additional information regarding the guided native vegetation tour, contact the city's Natural Resources Department at 472-3700.

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, call the Sanibel Natural Resources Department at 472-3700.\*

## First Shell Club Meeting Of The Season



Dr. José Leal

The Sanibel-Captiva Shell Club will hold its first meeting of the season on Sunday, October 18 at 2 p.m. in Auditorium Room "A" on the main level of The Bailey-Matthews National Shell Museum.

José Leal, PhD, science director and curator for the museum, will be the first guest speaker of the season. His program, entitled The Redfern Collection at the Bailey Matthews National Shell Museum, will introduce some of the highlights of the magnificent collection

of Bahamian shells recently donated by Colin Redfern. The Redfern collection is comprised of 9,046 lots of dry and preserved marine mollusks, all collected by Colin Redfern and collaborators in Abaco and neighboring areas over a period of more than 40 years.

Door prizes will be awarded and refreshments will be served. The meeting is open to the public.\*

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The image shows the cover of a book titled "AMERICA'S BOATING COURSE" by the United States Power Squadrons. The cover features a blue background with a white boat in the center, surrounded by various boating-related illustrations and text.

The logo for Sanibel Art & Frame features a stylized map of Sanibel Island above the text "SANIBEL ART & FRAME".

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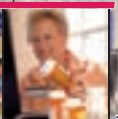
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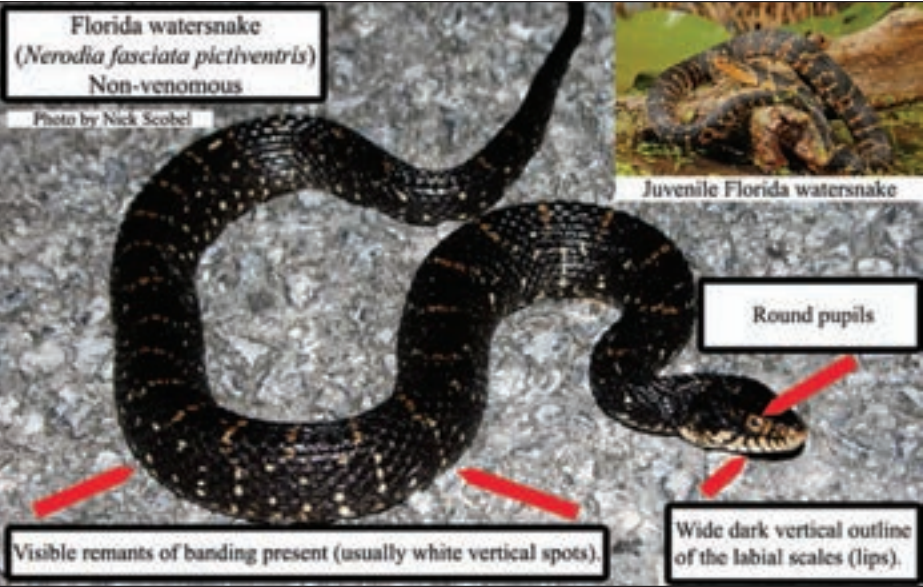
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Florida watersnake

# Watersnakes Out And About On The Islands

submitted by Sanibel-Captiva Conservation Foundation

This time of year usually means high water in the basins on Sanibel. With that come more frequent observations of snakes by residents and visitors. This is because the wetlands, where several Sanibel snakes call home, become flooded and water-

snakes or their relatives need a place to dry out and sun themselves. With no other options, those dry places become backyards, sidewalks, and parking lots. When water levels drop, most aquatic and semi-aquatic snakes retreat to dry areas near the edge of the wetland and out of the way of most people. Unfortunately with the rise in snake observations due to high water come the reports of “water moccasins” (cottonmouths), a venomous snake in Florida. Sanibel is well within the range of the Florida cottonmouth (*Agkistrodon piscivorus conanti*), however, they have never been documented on Sanibel,



Cottonmouth snake

Captiva, North Captiva, Cayo Costa or Pine Island.

## Watersnake, Not Cottonmouth

The snake that many people are seeing, and unfortunately misidentifying, is the Florida watersnake (*Nerodia fasciata pictiventris*). This is a common snake of the freshwater basins of the island. In brackish and saltwater (mangrove) areas of the islands, that snake is replaced by the mangrove saltmarsh snake (*Nerodia clarkia compressicauda*). Both of these harmless snakes are unfairly persecuted by people because they are thought to be “moccasins” simply because they are seen

in or around water. This does not ignore the fact that we are in the range of the Florida cottonmouth and it is possible for them to arrive here by swimming across the bay or arriving in shipments of sod/mulch/plants etc. Snakes are a very important part of the many ecosystems on Sanibel. They both eat prey and get eaten by predators as part of the food web. Native snakes should not be harmed, especially on this conservation island. A major issue is that most people cannot correctly differentiate between the two snakes. Common verbal inaccuracies

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that I often hear from snake novices are "it had a triangular head," "it rattled its tail," "it had a heavy body," "it was swimming," etc. The truth is that most snakes have a triangular shaped head and most exaggerate that triangular shape when they are threatened. Most snakes will rattle their tail, even though they don't have a rattle, as a false threat. It is true that cottonmouths have a large, heavy build, but well fed watersnakes can also be massive. Finally, all local snakes can swim. There are many misnomers when it comes to snakes – and water-snakes probably experience the worst of that in regards to the cottonmouth.

Here are some key diagnostic features for the Florida water-snake (usually between 2.5 and 3.5 feet) as compared to the cottonmouth:

- Round pupils, as opposed to all venomous snakes in the U.S. with the exception of the coral snake (*Micrurus fulvius*) which have elliptical pupils (like a cat).

- Banding is usually reddish with white outlines. The white is usually visible along the lower side of the snake (near the underside), even on dark specimens.

- The labial scales (upper lip scales) have dark vertical outlines.

- The body can be highly contrasting or almost solid black, but the banding should still be somewhat noticeable on dark animals.

- Primarily a freshwater inhabitant.

The mangrove saltmarsh snake (usually 1 to 2.5 feet):

- Round pupils, as opposed to all venomous snakes in the U.S. with the exception of the coral snake (*Micrurus fulvius*) which have elliptical pupils (like a cat).

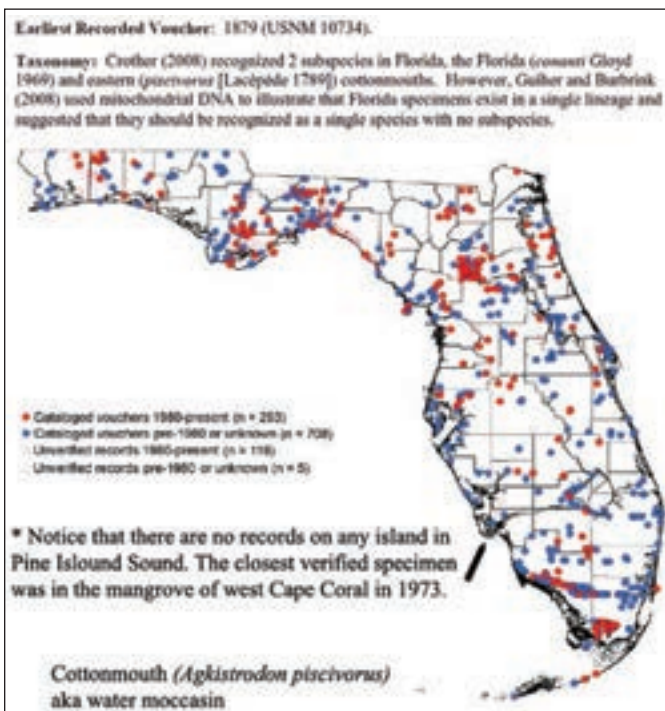
- Narrow banding (difficult to see in most adults).

- Variable color forms (black or brown with faded banding, all red or orange, or a blending of those).

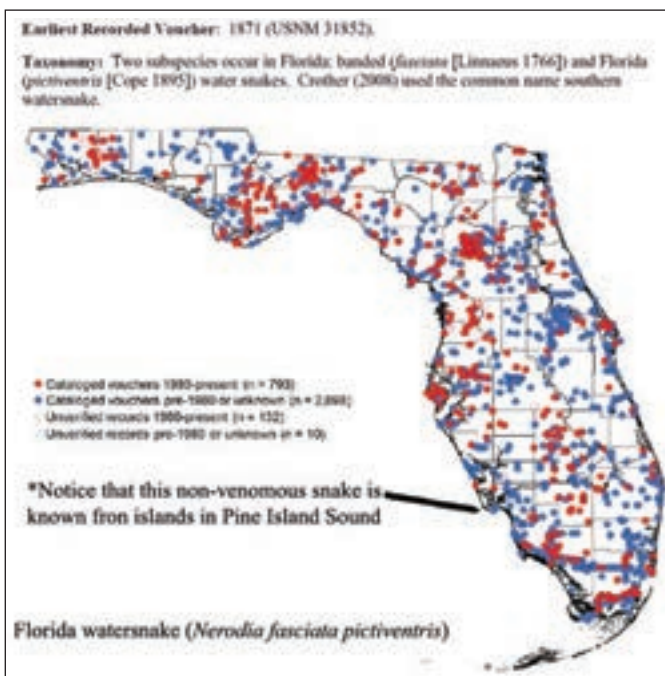
- Primarily a salt water or brackish inhabitant (found in mangrove systems).

The Florida cottonmouth (usually 3 to 5 feet) as compared to the nonvenomous watersnakes of Sanibel:

- Elliptical pupils (like a cat).
- Wide, non-conformed bands with spots and speckles intermixed.



Map of Florida showing cottonmouth sightings



Map of Florida showing watersnake sightings

- Labial scales not boldly outlined, but can have a pattern.

- Brown or black bar on each side of the head that hides the eye of the snake (common to most rattlesnakes, copper-heads and cottonmouths).

- Mostly freshwater, but also inhabits saltwater in north Florida.✱

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# Beautiful Birds Of Bunche Beach



Piping plover photo by Meg Rousher

Experience the Beautiful Birds of Bunche Beach with a Lee County Bird Patrol Guide on Saturday, October 17 beginning at 8 a.m. Participants will meet on the beach, located in South Fort. Myers off Summerlin Road. Drive south of John Morris Road until it deadends.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Also seen may be waterfowl, raptors and warblers. Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and a love of nature.

This event, provided in cooperation with Lee County Parks and Recreation, is free with a parking fee of \$2 per hour (tour is approximately 2 hours). Restrooms are located at the first parking lot.

For more information, call 707-3015 or visit [www.birdpatrol.org](http://www.birdpatrol.org). ✨

## Boating Local Waters Course

The Sanibel-Captiva Power Squadron will teach America's Boating Course in November at the Sanibel Public Library, 770 Dunlop Road. The class teaches basic boat operation and safety with an emphasis on boating the local waters around Sanibel and Captiva. Completion of the class and passing a simple exam qualifies students to receive a safe boating ID card from the state of Florida. This ID card satisfies State of Florida educa-

tion requirements for operating boats in Florida waters.

The class will be taught in two sessions, both to be held at the Sanibel Public Library. The first session will be Monday, November 9 from 6:30 to 9 p.m. and the second session will be Saturday, November 21 from 10 a.m. to 4:30 p.m. Students need to attend both sessions and complete homework between sessions for successful class graduation. The class is designed for those new to boating as well as experienced boaters who would like to strengthen their boating skills.

The class uses the America's Boating Course text published by the United States Power Squadron as well as lectures, demonstrations and discussion presented by U.S. Power Squadron instructors. The cost of the class and the text is \$40.

Students obtain their copy of the America's Boating Course text and pay the \$40 class fee at the November 9 session. The text is reviewed in detail at the November 21 session. Among the subjects and topics reviewed are:

- U.S. Coast Guard required safety equipment.

- Basic boat handling underway and docking.
- Navigation rules, right of way.
- Navigation aids and channel markers.
- Basic navigation, charts and GPS operation.
- Anchoring in deep water and on the beach.
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Students are introduced to boating the local waters by studying navigation charts for Pine Island Sound, San Carlos Bay and the Caloosahatchie River. Important destinations, channels and waterways are reviewed and advice for confidently boating in local waters is discussed. The class format is very informal with many opportunities for questions and discussion. No advance knowledge of boating is needed for successful student completion of the class. The class is appropriate even for those who may not own a boat but want to learn about the possibility of boating the magnificent waters that surround Fort Myers, Sanibel and Captiva. The class is

continued on page 45

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1 cup marinara sauce (your favorite)  
1/4 cup Parmesan cheese, grated  
1/2 cup panko breadcrumbs  
Olive oil for cooking  
2 tablespoons fresh basil or 1 teaspoon dried  
Sea salt and fresh ground pepper to taste  
Cut off the stem side of the zucchini or yellow squash. Cut zucchini or yellow squash evenly in half lengthwise. Using a small spoon, scoop out the seeds from each half to create room to hold other ingredients.

Preheat a large sauté pan over medium-high heat. Add 1 teaspoon of olive oil to the preheated pan. Season the zucchini or yellow squash with salt and pepper. Place the zucchini or yellow squash skin side up in the sauté pan and cook for about 2 minutes on both sides. Remove from pan and place on a cookie sheet skin side down.  
Preheat the oven to 375 degrees.  
In a small mixing bowl, combine panko breadcrumbs, 1 tablespoon olive oil, chopped basil and Parmesan cheese.  
Season ingredients to taste with salt and pepper, and stir to combine.  
Evenly distribute the ricotta cheese and marinara sauce on top of the zucchini or yellow squash. Top the yellow squash and zucchini with the shredded mozzarella cheese. Evenly sprinkle the breadcrumb topping mixture on top of the zucchini or yellow squash.  
Bake the stuffed zucchini or yellow squash for 10 minutes or until topping is golden brown and cheese is bubbly. Remove from oven and let cool slightly. Serve warm.\*



Stuffed Yellow Squash On A Baking Sheet

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# Mobile Mammogram Returns To Sanibel Recreation Center

The City of Sanibel Recreation Center will host the Radiology Regional Center's Mobile Mammo Coach from 10 a.m. to 2 p.m. on Saturday, October 17. For an appointment or if you have any questions relative to the test, call the Radiology Regional Center at 936-2316.

The Mobile Mammo Coach is a state of the art breast imaging clinic, providing full field digital mammography services. Most insurances are accepted and discounted self-pay pricing available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97%. Mammography is one aspect of breast health, in addition to monthly self-exam and annual physician exam.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).



Mobile Mammogram

# Bank Unveils Nastars Art Exhibit



Tower Gallery artist Carole B. Nastars exhibiting at Bank of the Islands

Bank of the Islands is displaying new artwork as part of its continuing series of lobby exhibits showcasing local artists. The recently created art program is presented in association with Tower Gallery, Lee County's oldest art collective.

The seventh artist to be featured in the series is Carole B. Nastars. Her paintings will be on display in the bank's Sanibel office during banking hours through Thursday, October 29.

"We are happy to bring Carole's beautiful work to the attention of our customers and island neighbors," said Bank of the Islands Sanibel-Captiva office manager Willy Ocasio. "Sharing her exceptional canvases is a great way to show how much we appreciate being your island bank."

Nastars has a deep background in art training, having studied at the Rochester Institute of Technology, Bennington College and Skidmore College. Her work is inspired by nature and known for the way she capture light and color in her painting technique.

Bank of the Islands is located at 1699 Periwinkle Way, at the corner of Casa Ybel Road, on Sanibel.

Tower Gallery is an artists' cooperative consisting of 23 artists working in various media. Located at 751 Tarpon Bay Road

on Sanibel, the gallery is open seven days a week from 10 a.m. to 9 p.m. For more information, call 472-4557.



Debi Almeida photo by Jan Holly

# Almeida Sings At St. Michael's And All Angels Church

Soprano soloist Debi Almeida will join the Parish Choir at St. Michael and All Angels Episcopal Church for the island premiere of *City Called Heaven* in a uniquely arranged version by Josephine Poelinitz.

The well-known, African-American sorrow song will be sung during the Holy Communion service on Sunday, October 25 at 10:30 a.m.

"Debi has a full, clear voice that penetrates beautifully into our church sanctuary, and her innate sense of the gospel style makes *City Called Heaven* really swing," said Hank Glass, the church's Minister of Music.

Individuals wishing to sing with the Parish Choir or perform as instrumentalists at St. Michael's can contact Glass at 472-2173.

The church is located at 2304 Periwinkle Way on Sanibel. For more details, call 472 2173 or visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).

# October Fun Days At Sanibel Rec

Register your children now for the upcoming Fun Day on Monday, October 26 and Tuesday, October 27. The Fun Day will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Register in advance and receive the "Early Bird" rate:

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).

Date	Program	Early Bird Rate	After Early Bird Rate
Monday, October 26	Fun Day	Member: \$21 Non-Member \$27.50 (registration by October 19)	Member: \$25.25 Non-Member: \$33 (registration on or after October 20)
Tuesday, October 27	Fun Day	Member: \$21 Non-Member \$27.50 (registration by October 20)	Member: \$25.25 Non-Member: \$33 (registration on or after October 21)

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# An Inside Look At Wildlife Recovery



Laughing gull in cast  
photos courtesy of CROW

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife, along with photos of patients admitted to the facility.

In 2014, CROW's wildlife hospital cared for 3,410 sick, injured or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals and six percent reptiles.

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show will be held on Friday, October 23 at 11 a.m.



Eagle with wing in cast



**Bandaged baby tortoise**

in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$7 for adults, \$5 for teens and free for current members and children under 13. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration. For more information, call 472-3644.✧

# Zonta Invites Islanders To Attend Women's Health Forum November 3



Dr. Paul DiGiorgi



Dr. Heather Auld

As women age, their health concerns can change, and are typically different from those of younger women and of men. Knowledge is power, according to the Zonta Club of Sanibel-Captiva, whose mission is to empower women. As part of its service to the community, the club is organizing a Women's Health Forum on Tuesday, November 3 from 9 a.m. to 12:30 p.m. at Lexington Country Club, 16257 Willowcrest Way in Fort Myers.

Co-sponsored by the Lee Memorial Health System Foundation, Shell Point Retirement Community and Right At Home In-Home Care & Assistance, the forum will include sessions on the heart, integrative medicine and all-round healthy living. Featured speakers will be Dr. Paul DiGiorgi and Dr. Heather Auld of the Lee Physician Group and Dr. Sal Lagacina of the Lee Memorial Health System.

Organizers say this is a unique opportunity for women to learn from three of the area's experts on matters relating to personal health and wellness, specifically tied to the aging process.

Paul DiGiorgi, M.D., is a cardiothoracic surgeon and chief of the cardiothoracic surgery section at Lee Memorial. His interests are mitral valve repair, coronary artery bypass surgery, aortic valve replacement, lung surgery and atrial fibrillation surgery. He will speak on cardiac care for women and understanding cardiac symptoms.

Heather Auld, M.D. is an integrative medicine specialist focusing on health coaching, women's health, weight management, mind-body medicine and hormone replacement therapy. Integrative medicine is a new specialty incorporating complementary and alternative treatments with traditional western medicine.

Salvatore Lagacina, D.O., is vice president, Health & Wellness for the Lee Memorial Health System and writes a regular column for the *News-Press* Living Well section, Dr. Sal's Tip. He will address healthy living for women at any age.

The cost for the forum is \$25 per person, which includes a catered lunch. Seating is limited and registration is required by Thursday, October 29. To register or for information, call McKenzie Millis, healthcare marketing specialist at Shell Point at 600-6424. Checks, made out to the Zonta Club of Sanibel-Captiva, should be mailed to Zonta Sanibel-Captiva at P.O. Box 1244, Sanibel, FL 33957.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to strengthen women's lives on the islands, in Lee County and around the world through Zonta International. For more information, visit [www.zontasancap.com](http://www.zontasancap.com).✧



Dr. Sal Lagacina

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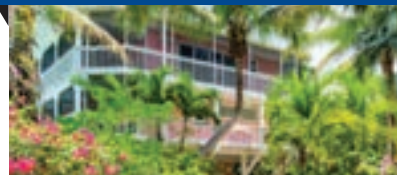
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## Open House And Upcoming Library Programs

The Sanibel Public Library will be hosting a variety of programs in October, and no registration is required to attend the following:

Stop by library's Oktoberfest Open House from 2 to 4 p.m. on Thursday, October 22 for refreshments as accordionist Peter McGrain performs traditional Bavarian tunes. Take a tour of the library, enjoy some refreshments and live oompah music, and learn about the services the library offers to residents as well as visitors. The library is offering several new digital offerings including downloadable magazines, books, music and movies.

The library offers weekly programs for children. Every Monday at 10 a.m. is the Terrific Twos program with songs and stories for newborns to two-year olds. On Mondays at 3 p.m., there is a craft program for third graders and older, registration is requested. Wednesdays at 11:30 a.m. is the Small Wonders lapsit program for babies up to 2 years old.

On Thursdays at 10 a.m., children ages three to five are invited to the Bookworms program. At Bookworms there is singing, reading books, playing games, and occasionally crafting. There is a storytime with activities on Thursdays at 3 p.m. for kindergarten through second graders.

The Reading Education Assistance Dogs (READ) program is held weekly at



**Accordionist Peter McGrain performs**

the library. READ can improve children's reading and communication skills by employing a powerful method: reading to a dog. Animals are ideal reading companions because they help kids relax and allow children to proceed at their own pace. READ dogs are trained therapy animals who volunteer with their handler as a team, as reading companions. Children read to Bessie – a bearded collie – on Thursday afternoons, beginning at 4 p.m. Participants are asked to call the library to register for a 10 to 15 minute time slot. Children of all reading levels are welcome to read to Bessie.

A complete list of programs is listed on the library's website. Residents as well as non-residents are invited. There is no registration required (unless specified) and there is no additional cost to participate in these programs.

The Sanibel Public Library is located at 770 Dunlop Road on Sanibel. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).



Storytime at the Sanibel Public Library

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

### Cider Season, New Hampshire 1976

by Nancy McDowell

The old man stooped over searching the ground, one hand supporting his lower back to relieve a stitch. "How 'bout this one?" he asked as he perused the windfall of brown mashed apples he spied beneath a tree that once graced an abandoned orchard with pink flowers and apples that crunched sweet and juicy when your teeth bit into them.

"Good 'nuff," I answered, tossing it into a half-full crate in the bed of the battered blue pickup patiently awaiting its cargo.

By dusk, there were enough crates filled up to drive over the washboard road to the cider mill –

my favorite road because I liked the bumps and dust devils that the pickup kicked up.

But October was setting in and the wind chilled us through our jackets; the road trip would have to wait until morning; tonight we needed the fireplace, a hot meal, and fresh-brewed coffee. Black.

In the darkness, the apples rolled around in their crates like prisoners trying to escape; maybe the weathered slats would give way and free them from death-by-cider.

The press shot out a golden stream mixing the tastes of sweet and sour; we sampled the new juice as our jugs filled up, one for each crate we traded.

Abandoned for years now, the mill tilts to one side like Pisa, the ground littered with broken slats that poke through the dirt like bones.

Even the washboard road is paved.

Nancy McDowell, formerly a New Englander, lives at Shell Point, where she now finds poetic inspiration in Florida's natural beauty. Her poetry was awarded a 1st place Quill Award in the free verse category by [Writing.com](http://Writing.com) and several of Nancy's poems have previously appeared in the *Island Sun*.

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# Art In Nature Exhibit At Sanibel Library

On exhibit at the Sanibel Public Library during the month of October is a Sanibel-Captiva Art League-sponsored exhibit featuring paintings by two Art League members, Michael Moukios and Jim Storer. While all the paintings reflect the natural world, they are fascinating contrasts of style and color and together create a beautiful display.

Jim Storer is a retired physician who, about five years ago, discovered his avid appreciation for painting in acrylics. He likes to paint seascapes, rural country sides and swamps. He tries to recreate beautiful scenes of nature incorporating his favorite color, orange, into these works of art. The paintings on display at the library all reflect



Sunset in Paradise by Michael Moukios



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a sense of tranquility and quiet beauty. The paintings by Michael Moukios offer a dynamic contrast. Working in acrylics and oils, Moukios was a commercial artist in New York for over 25 years, and for the past 12 years has been teaching art in Naples. He uses rich colors, and each work has a memorable sense of eye catching vitality. His exhibit includes a variety of subjects such as such as sunset, birds and water scenes. The Sanibel-Captiva Art League, formed in 1964, has a long history on these islands. One of its purposes is to promote public interest in and appreciation of the fine arts. The monthly art displays at the library contribute towards this goal. Information about the San-Cap Art League may be found online at [www.sancapart.com](http://www.sancapart.com).

## Monday Night Movie The 100 Year-Old Man Who Climbed Out The Window And Disappeared



by Di Saggau  
The BIG ARTS Monday Night Movies are back, starting October 19. The first film of the season is a comedy, *The 100 Year-Old Man Who Climbed Out The Window And Disappeared*.

You will be amazed at the antics of a mischievous centenarian on the run. The film abounds with irreverent charm. Comedian Roert Gustafsson stars as Allan Karlsson, a man who finds himself stuck in a nursing home and decides to do something about it. Determined to escape on his 100th birthday, he leaps out of a window and onto the nearest bus, kicking off an unexpected journey involving, among other surprises, a suitcase stuffed with cash, some wicked criminals and an elephant named Sonya. The film is eccentric, wry and highly entertaining with a *Forrest Gump* quality. It is the highest grossing Swedish movie of all time and is based on a bestselling novel.

All Allan likes to do is eat, sleep and blow things up. We follow him on his



adventure, which is intercut with his narration and flashbacks of his picaresque 100-year life. Seems he was involved in munitions, getting entangled in the Spanish Civil War, the Manhattan Project, and other definitive events of the 20th century. He encounters Franco and Oppenheimer and Stalin, and is just happy to make things go boom now and then.

In present day, he stumbles upon a suitcase full of cash, makes an accomplice of a rascally railway station agent, helps rescue a circus elephant, all the while thoroughly flummoxing a motorcycle gang who wants the cash and the understaffed and indecent police force that's pursuing him. Some of the reviewer comments are: "An explosive comedy. A hoot and a half." "A quirky comic odyssey with a winningly off-kilter sense of humor." "Savagely amusing – delightfully absurd. It dazzles with the sweep of history." The film runs 114 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Series Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Series Supporters: Sanibel Taxi, Jerry's Foods of Sanibel.

BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.

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# Just 17, Golfer Lydia Ko Won A Record \$1.5 Million Last Year In Naples And Could Repeat This Year



by Ed Frank

Last November, Lydia Ko, a 17-year-old from New Zealand, earned the biggest payday in women's golf history when she won both the CME Group Tour Championship and the Race to the CME Globe at the Tiburon Golf Club in Naples for a \$1.5 million windfall.

Don't be surprised if the youngster, who has already pocketed more than \$3 million this year on the LPGA Tour, pulls off a repeat here next month when the season-ending tournament returns to Tiburon November 20-22. She became the first to win both titles.

With four tournaments remaining before the prestigious Naples event, Ko leads the chase to the \$1 million CME Globe by more than 300 points. In addition, winning the CME Group Tour Championship Tournament is worth another \$500,000.

Earlier this year, Ko rose to Number One in world ranking becoming the youngest player in professional golf history, men or women, to hold that title. She currently is Number Two having won four tournaments already this year.

The 72 top women golfers in the world will qualify for the year's concluding competition at Tiburon. The Race for the CME Globe is a season-long points competition in which LPGA members accumulate points in every official LPGA tournament – a somewhat complicated formula based on players making tournament cuts, finishing in the top 40 of each event and, of course, tournament victories.

As the LPGA moves into the final month of the season, the following five lead in points for the Globe:

Lydia Ko – 4,113 points; Inbee Park – 3,888 points; Stacy Lewis – 3,073 points; Sei Young Kim – 2,563 points; Lexi Thompson – 2,563 points.

The teenage Ko hit the record Jackpot last year in a playoff with Carlota Ciganda and Julieta Granada by tapping in for par on the fourth sudden-death playoff hole.

Often overlooked in professional sports are the charities that benefit from the competition.

Last year, the CME Group donated \$300,000 for the Wounded Warrior Project that provides assistance for wounded veterans of military action. For every eagle

scored on the LPGA Tour, \$1,000 is donated, with the amount raised to \$5,000 for the Naples Tournament.

The total for the Wounded Warrior Project for 2015 exceeds \$200,000.

Tickets for the November tournament in Naples are available online at CME-GroupTourChampionship.com or by calling 239-593-3900.

## Florida Everblades Begin 18th Season This Weekend

The Florida Everblades Hockey Team begins its 18th season this weekend hosting Atlanta tonight, Friday, and tomorrow night at Germain Arena in Estero. The puck drops at 7:30 p.m. tonight and 7 p.m. Saturday.

As a member of the ECHL since 1998, the always-competitive Everblades have advanced to post-season play all but one season and won the league's Kelly Cup Championship in 2012.

The 28-team ECHL stretches from the East Coast to Alaska. The Everblades are members of the league's 14-team Eastern Conference.

Following this weekend's opening series, the Everblades are home next Wednesday against Norfolk before beginning their first road trip of the 2015-16 hockey season.✪



Lydia Ko photo courtesy of LPGA Media

## SANIBEL 8-BALL POOL LEAGUE 2015 Standings through October 12, 2015

Standing	Team Name	Won	Lost
First	Sanibel Café	14	6
Second	Bunt's Ball Busters	10	10
Third	Sandycappers	10	10
Fourth	Fresh Legion Crew	6	14

### October 12 Results

Sanibel Café	14	Fresh Legion Crew	6
Bunt's Ball Busters	10	Sandycappers	10

## Sanibel 8-Ball Pool League Café On Top

Promising his players free onions at his Sanibel Café did the trick for Café Captain Rich McCurry. This enticement enabled him to recruit additional top shooters to his team and paved the way for a '14-6 thumping of Fresh Legion Crew. McCurry was all smiles after the win but warned "it's early yet" when asked if his team could build on its initial success.

Sanibel Café's Pete Mindel led the way for the Café guys with a 4-0 performance over Tom Yourgey. Jimbo Gaubatz and McCurry backed him up with 3-1 wins. Becky Skog and George Sell

produced two wins each for the Fresh Legion Crew.

Last year's champs, Bunt's Ball Busters, needed four wins from its last shooter, Bob Buntrock, to gain a 10-10 tie with Sandycappers. Four wins also came from Mike Dewitt who just moved to Sanibel from Colorado and was added to the Ball Buster team just last week. John Riegert went 4-0 for the Sandycappers and Jack Dalton and Gary Murza pitched in with 3-1 performances.

To avoid playing a second shift the League has dropped to four teams but has added a fifth shooter to each team. Play begins at 5 p.m. every Monday at Legion Post 123. Spectators are welcome.✪

*Thomas R. Louwers, M.S.T.*

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**SPORTS QUIZ**

1. Name the last N.L. pitcher before the Dodgers' Clayton Kershaw in 2014 to win the regular-season MVP Award.
2. How many managers did the Chicago White Sox have during the decade of the 1980s?
3. Marshall's Rakeem Cato, in 2014, set a Division I record for most consecutive games with at least one TD pass (46). Who had held the mark?
4. When was the last time before 2014 that the Boston Celtics, Los Angeles Lakers and New York Knicks all failed to make the NBA playoffs in the same season?
5. Name the coach who led Canada in 2002 to its first gold medal in men's Olympic hockey following a 50-year drought.
6. Lionel Messi set a Champions League soccer scoring record in 2014 when he tallied his 72nd goal. Who had held the mark?
7. Name three of the six fighters Manny Pacquiao has lost to in his 65-bout pro boxing career.

**ANSWERS**

1. St. Louis' Bob Gibson, in 1968. 2. Tony La Russa (1980-86), Doug Rader (1986), Jim Fregosi (1986-88) and Jeff Torborg (1989). 3. Russell Wilson, who did it in 38 games with North Carolina State and Wisconsin (2009-12). 4. Never. 5. Pat Quinn. 6. Raul, with 71. 7. Floyd Mayweather Jr., Juan Manuel Marquez, Timothy Bradley, Erik Morales, Medgoen Singsurat and Rustico Torrecampo.





**Fakahatchee grass's dangling spikes of flowers**  
Plant Smart

## Notice Those Small Wonders

by Gerri Reaves

South Florida abounds in showy and extravagant flora, both native and exotic. Eye-catching flowers bloom year 'round, colorful foliage masquerades as flowers, and the shades of green are endless.

But less showy equally wonderful marvels are abundant too – and are often right under our noses. See if you can identify these things worth a second glance.

That stalk of dangling wine-colored

photos by Gerri Reaves

flowers can be found on Fakahatchee grass (*Tripsacum dactyloides*), also called eastern gamagrass. Those small flowers are somewhat hidden among the fountain-like sprays of leaves that can reach six feet high.

This hardy evergreen is easy to grow and maintain. Use it to fill out a landscape and create a classic Florida look. Plant it in a well-drained damp area or pondside. It will adjust to drier spots, too, is drought-tolerant, and suited to full sun or partial shade.

This bunch grass attracts many pollinators and is the host plant for the clouded and byssus skippers.

That delicate flower on the long slender stem blooms on Florida's most common airplant, ballmoss (*Tillandsia*



**Ballmoss's subtle flower**

*recurvata*). About one-half inch long, the flowers are purplish and funnel-shaped.

Because this species usually grows in trees, and even on powerlines, we tend not to see these subtle but remarkable flowers. They appear amid silvery green stems and leaves throughout the year, but mostly in fall.

Don't look for this member of the bromeliad family ("moss" is a misnomer) at the plant nursery. It chooses your yard or doesn't. But if you have a rough-barked tree such as live oak, it will probably take up residence eventually.

Ballmoss is not a parasite. It uses the host tree only as a platform, absorbing rain and nutrients from its perch.

To introduce this airplant to your yard, look for dislodged specimens on the ground after a storm and secure them to an appropriate host tree, just as you would an orchid.



**Corkstem passionvine's power tool for travel, the corkscrew tendril**

The delicate appearance of that tiny corkscrew-shaped tendril belies the power in its spring and grasp. That miraculous device allows the aptly named corkstem passionvine (*Passiflora suberosa*) to scramble over fences, up trellises and trees, onto other plants, and even cover the ground with ease.

If you want butterflies in your yard and want a low-maintenance landscape, you can't do much better than this species. This vine is the host plant for several native butterflies, including the zebra longwing, Florida's state butterfly as well as julias and gulf fritillaries.

The year-round flowers are inconspicuous, but they are a valuable nectar source for many butterflies. The tiny fruit are a food source for birds.

The term corky actually refers to the cork-like look of the mature stems, but brings to mind the corkscrew shape of

continued on page 44

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A photograph of a flock of birds, taken at Sanibel beach access #6, is featured during the month of December

# Kern Debuts Third Sanibel Scenes Calendar

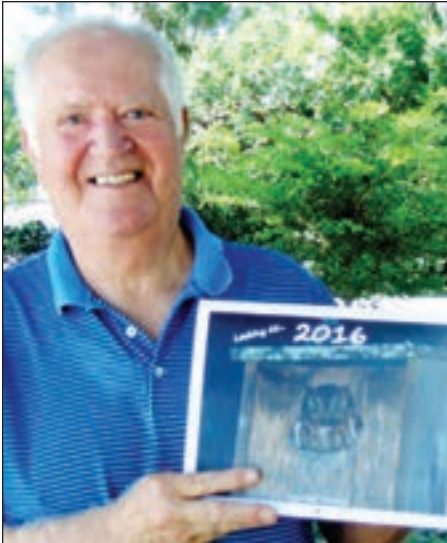
by Jeff Lysiak

For the third consecutive year, the former owner of Island Graphics – Bob Kern – has published a calendar filled with images he has photographed of local scenery and wildlife taken on and around the island. The 8.5-inch by 11-inch Sanibel Scenes calendar features some of Kern’s personal favorite photographs, including closeup images of a white oleander (January), a night blooming cereus (May)



A softshell turtle, photographed on Pyrula Street, is the last image featured in this year’s calendar

and an orchid (November), scenic images of a fish house in Pine Island Sound (March), a beach sunset (July) and restless, stormy Gulf waters (August), plus dazzling pictures of wildlife including several spe-



Bob Kern pictured with his 2016 Sanibel Scenes calendar photo by Jeff Lysiak

cies of birds and a Florida softshell turtle. “Each year, we’re selling more because the demand has increased,” said Kern, who produced his first calendar in 2014 at the suggestion of Sanibel Public Library director Margaret Mohundro. “People around town tell me they love it because the photos are local. Plus, visitors like to have something in their home that reminds them of Sanibel.” In this year’s edition, Kern featured a screech owl sitting in an owl box on the cover, along with a pair of screech owls peering out of the same structure on the April page, with the latter photograph captioned, “Hey mom... what’s for dinner?” According to the publisher, those birds are found right in his own back yard. “When my wife and I get up in the morning, we’ll sip our coffee and hear those owls making their little noises,”

said Kern, who noted that during the almost 10 years of having an owl box on his property, almost half of the time it’s been inhabited by a family of owls. “They call out ‘Waa-doo... waa-doo,’ which I’ve determined means ‘Where are you? Where are you?’ They’re really very social creatures.” Earlier this year, the owl box was overtaken by honeybees. However, after the old structure was removed, Kern installed a new owl box purchased at the Sanibel-Captiva Conservation Foundation. “The day after I installed it, I saw an owl – mom or pop, I don’t know – sitting on the perch at 6:30 in the morning,” he added. One of the trademarks Kern is known for on the island are his one-liners, which often accompany the Sanibel & Captiva Island Chamber of Commerce’s weekly email newsletter. Among his wittier remarks are:

- A diet is something you keep putting off while you keep putting on.
- DORMITORY: When you rearrange the letters: DIRTY ROOM
- Light travels faster than sound. This is why some people appear bright until you hear them speak.
- If you try to fail, and succeed, which have you done?
- A hangover is something that occupies the head you neglected to use the night before.

“People always comment on the pictures... that gets most of the attention,” said Kern. “But I also hear a lot about my ‘Bob-isms,’ as they are called.” The 2016 Sanibel Scenes calendar, priced at \$13.95, is available at Bailey’s General Store, Bailey’s at Sundial Resort, Jerry’s Market, CVS Pharmacy, Tuttle’s Sea Horse Shop, Island Pharmacy, Doc Ford’s Sanibel and Suncatcher’s Dream.✪

## Superior Interiors Color Continuity Is A Must



by Barb Cacchione

Many decorators recommend color continuity throughout a house. However, this doesn’t mean using the same color scheme in every room – how boring would that be! It does, however, mean a smooth color transition from one room to the next. One connecting color will serve to accomplish this. It could be a soft sage green shade or robin’s egg blue or buttercup yellow – any color, actually. The key is to use your connecting color in varying degrees of intensity from room to room. Sometimes, your main color in one room would then be better used as an accent color in an adjoining room. It might be carpeting in one room, walls in another, an occasional chair in a third or an element in the drapery fabric in a fourth. It’s also extremely important to add

one unexpected fun, splash of color into your basic color scheme. Did you know that when we walk into any room, our eyes crave visual movement? And by adding a splash of color, something unexpected into your overall color scheme, you instantly add visual interest into your design plan. Think about a basic color scheme of buttercup yellow, sage greens and warm winter whites. Most would find this a calming color palette, and can easily visualize carrying varying degrees of intensity of these colors from room to room. But just think about the awesome impact a splash of color could add. How about introducing a warm coral shade into this color scheme? By cleverly using this color in accent or accessory pieces, and then moving these colored accents strategically around your room, you’ve immediately created a much more pleasing design plan, full of impact and visual interest. And if you love to rearrange your furniture, just think of the possibilities color continuity from room to room affords. All your furniture pieces, as well as your accessories, can be easily interchangeable color wise room to room. Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at [barb@coindecdn.com](mailto:barb@coindecdn.com).✪

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)



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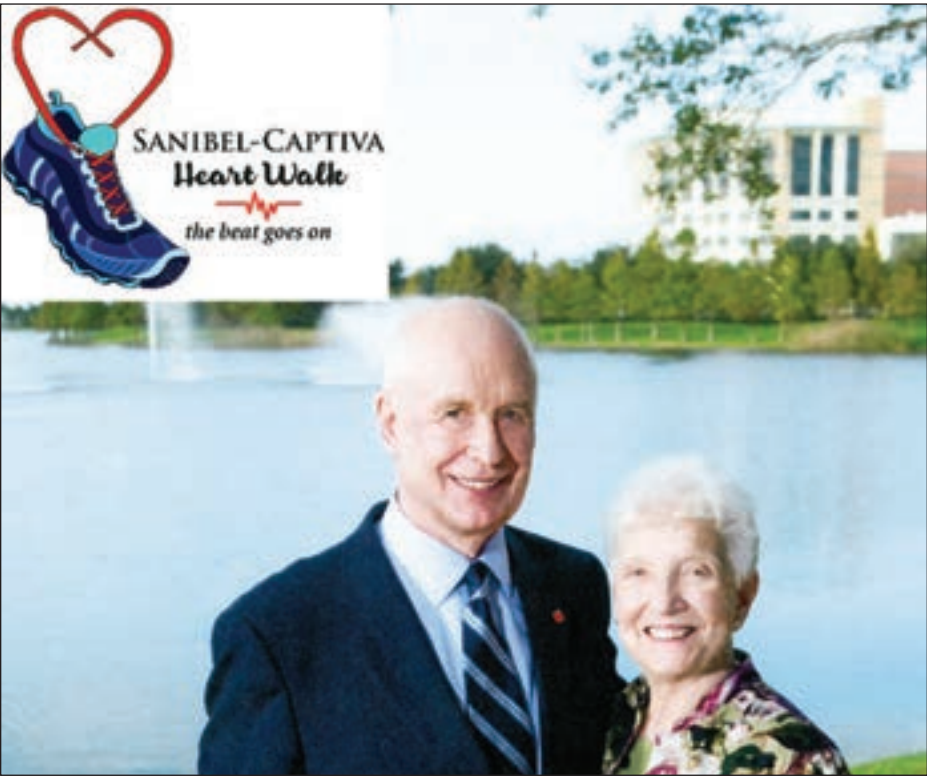


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# Sanibel-Captiva Heart Walk Friend Makes Major Donation



Lex and Eileen Roulston

Former Sanibel resident Lex Roulston recently made a generous donation to the new Lee Memorial Shipley Cardiothoracic Center. This is the latest in a series of contributions he and his wife, Eileen Roulston, have made to heart health for the community. Lex Roulston was chairman of the Lee County Walk in 2013,

and helped the founding of the Sanibel-Captiva Heart Walk.

Lex's heart story began when he had cardiac bypass surgery at Lee Memorial Health System on September 14, 2001. Not long afterwards, he took on the job of organizing a local chapter of Mended Hearts, which trains heart surgery survivors to offer support, education and encouragement to cardiac patients and their families. Lex and Eileen also made a generous gift in 2007 which enabled establishment of the Lex and Eileen Roulston Cardiac Decision Unit of Lee Memorial Health System.

"When I first contacted the American Heart Association to pursue my interest in a local Heart Walk, Leslie Amick, Executive Director, Southwest Florida, made sure that one of the first people I met was Lex," San-Cap Heart Walk team member Sandy Teger recalled. "At that time, I had no idea what a major force Lex has been in promoting local initiatives supporting heart health."

Roulston expects that the 2016 Sanibel-Captiva Heart Walk will have an increased level of participation and sponsorship. It will take place on January 31, 2016 at 1 p.m. at the construction site of the new Doc Ford's Restaurant, across from Bailey's General Store at the corner of Tarpon Bay and Island Inn roads. The area will be decorated for the event and there will be a magician, face painter, live music and a new silent auction. Already announced sponsors for the walk include Platinum Sponsor The Sanibel Captiva Trust Company and Gold Sponsor Chuck Bergstrom of Beach Piez

continued on page 49

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# School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, October is National Audiology Awareness Month and National Protect Your Hearing Month. Data from a 2010 research study published by the *Journal of the American Medical Association* tells us that 1 in 5 teenagers experience hearing loss. And given the ubiquitous use of ear buds by children of all ages the numbers are almost certainly increased today.

Noise-induced hearing loss (NIHL) is preventable. Children, just like adults, are at risk for NIHL. This type of hearing loss occurs when tiny sensory hair cells in the inner ear are damaged by noises that are too loud and that last for too long. NIHL is permanent.

“The ability to hear well helps children succeed in school, in sports and other activities, and in their personal relationships. Many sources of noise that can potentially damage the hearing of children are part of their daily, normal lives. Some potential sources of damaging noise include:

- Workshop tools and yard equipment
- Concerts of all music types
- Sporting events, hunting and other

leisure-time activities

- Trains, planes, all-terrain vehicles, tractors, and other vehicles
- School cafeterias and food courts”

([www.noisyplanet.nidcd.nih.gov/info/Pages/NIHLMatters.aspx](http://www.noisyplanet.nidcd.nih.gov/info/Pages/NIHLMatters.aspx))

The National Institute on Deafness and Other Communication Disorders (NIDCD) has sponsored a national public education campaign designed to increase awareness among parents of children ages 8 to 12 about the causes and prevention of noise-induced hearing loss NIHL. The goal is for parents and other adults to encourage children to adopt healthy hearing habits while they develop listening, leisure, and working habits.

Taking advantage of everyday life events at home, school or just having fun is to a great way to help your children learn about damaging noise levels and how to protect hearing. Children often learn healthy behaviors by following their parent’s example. Model how to protect your hearing by wearing ear plugs any time you are exposed to potentially damaging noise levels. Let your children see you protecting your hearing and they will be more likely to protect their own. Help your children remember three ways to protect his or her hearing:

- 1) Turn down the sound.
- 2) Avoid the noise (walk away).
- 3) Block the noise (wear hearing protectors).

Here are some examples of when to discuss hearing and noise with your children from NIDCD:

- When listening is enjoyable. At almost any time of day and almost any place, you can share the pleasure of healthy hearing with your child. Talk with your children about sounds in their environment and why healthy hearing is important.
- When listening may not be enjoyable. A good time to discuss why hearing needs to be protected – and how – is when the noise around you is too loud. A few examples of noisy situations are: doing yard work or housework involving noisy appliances, attending a sports event or concert or just walking by a road with heavy traffic or construction.
- When noise is in the news. NIHL has received increasing attention in the news. Hearing protectors have also been featured in news stories, such as when celebrities or their children wear earmuffs to protect their hearing while attending a concert. A photo of any professional wearing hearing protectors, including musicians, racecar drivers, and construction workers, can be part of a teachable moment.
- When buying noisy toys and musi-

cal instruments. Battery-operated toys, video games, and band instruments can create a lot of noise. Discuss ways to limit your child’s exposure to dangerous noise levels.

- When your child makes a healthy hearing choice. Is your child listening to the television at a reasonable level? Has she put on earplugs to mow the lawn? Make sure to praise your child for healthy hearing behaviors.
- Remember, noise induced hearing loss is 100 percent preventable by either moving away from the sound, turning down the volume, or blocking the sound with earplugs. It is important to start protecting your hearing now.

*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.\**

## Taste Of The Islands T-Shirts Now Available



**CROW Taste of the Islands committee members and Bank of the Islands staff show the variety of T-shirt colors available**

T-shirts are now available for CROW’s 34th annual Taste of the Islands. Prices are \$20 for adult sizes and \$15 for children’s sizes. They are available at Bank of the Islands located at 1699 Periwinkle Way.

Taste of the Islands will be held on Sunday, November 8 from noon to 5 p.m. at Sanibel Community Park. For more information, visit [www.crowclinic.org](http://www.crowclinic.org).\*

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**Presented By**

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## Will Power

# The Problem With Successors Named In A Durable Power Of Attorney



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**A** Durable Powers of Attorney (DPOA) is an important document that everyone should have as a part of his or her estate planning portfolio. Generally speaking, the grantor of a Durable Power of Attorney names someone who can legally act for the grantor in any number of ways. The person who is granted the power to act is known as the "attorney-in-fact" or "agent." For simplicity's sake in this column, I'm going to refer to the grantee of the power as the "agent."

The DPOA may allow the agent to write checks to pay bills, sign deeds, complete beneficiary designations, enter into and/or enforce contracts, open accounts, close accounts, and direct investments among other things.

DPOAs cease upon the grantor's death. In other words, they are no longer effective. The "Durable" in the name "Durable Power of Attorney" means that the powers survive the grantor's incapacity. A General Power of Attorney, in contrast, would cease if the grantor should become incapacitated such as through dementia or Alzheimer's disease. Most estate plans use the DPOA since the thought is that the power holder would only act if the grantor of the power couldn't.

Under Florida law, one can name an agent under a DPOA, and then if that agent is unable or unwilling to serve, another agent can be named as an alternate. It might look something like this: "I hereby name my wife Patti as my Attorney-in-Fact and if Patti is unable or unwilling to serve, then I name my daughter Gabrielle to so serve."

I almost always try to persuade my clients from naming successor DPOA agents in the same document. Why? Even though they are legal under the relatively new Florida statute on point, successor DPOAs are very difficult to use from a practical standpoint.

Consider the fact that any bank, financial firm or broker who is acting under a DPOA is suspicious of the document from a liability standpoint. Consider the scenario where my daughter Gabrielle walks into my financial advisor's office holding the DPOA and says, "I need to transfer \$20,000 out of my father's money market account today."

My financial advisor looks at the DPOA, worried that if it is not authentic he could be liable for following Gabi's direction. So he asks Gabi, "Why are you using the power? Can I call your dad to see if this is OK?"

"Dad's in the hospital and isn't able to talk. I need to write some checks to pay a bunch of his bills and that is why I am here," Gabi answers him.

My financial advisor then reads the DPOA and points to the first line that says my wife Patti is the first power holder and not Gabi.

"It says here that your mother is the first power holder and that you can only act if she can't..." he says.

"My mom is out of the country and can't take care of these things now," Gabi says.

"I'm sorry," my financial advisor says, "I have to be very careful as I may have a lot of liability here if for some reason you aren't supposed to act. I'm going to have to give this to my firm's legal department to sort out."

Gabi, frustrated and worried that she won't be able to pay my bills on time, is frustrated. "How long will this take?" she asks.

"I don't know," my financial advisor replies.

From there, the whole thing can become a circus. The attorney for the financial firm may say that they need written proof that Patti can't act or that she is unwilling to act. It can take days, if not weeks, to resolve.

So what's the alternative? What I normally suggest is that each person you wish to name as your agent under a DPOA have a separate DPOA document that just names them individually. While there is a possibility that if you have two different parties acting under a DPOA that they are in conflict with one another, I will tell you anecdotally from personal experience that I haven't seen much (if any) of that in my practice.

With that said, if you name more than one party as a DPOA in separate documents, it is wise to tell the individuals you are naming of the fact that each has a separate power, and that your expectation is for them to work together and to consult one another. Or if you prefer that one only act when the other couldn't, that would be a verbal arrangement.

Remember that anyone acting as an agent under a DPOA has a fiduciary duty to the grantor of the power. They should only be acting in the grantor's best interests. If you fear that someone you name won't do that, or won't work in conjunction with another as you would request, then I would say that you probably shouldn't be naming that person in such a powerful document to begin with.

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# Rotary Happenings

submitted by Shirley Jewell

A big shout out and thank-you to Kristie Anders, SCCF Education Director, for stepping in as our guest speaker last Friday morning, when the scheduled speaker had to cancel. Her topic presented some scientific facts about the influences the moon and the sun have on our tides.

Somewhere around third grade, most of us learn about the moon's gravitational pull on the large bodies of water here on Earth, causing our ocean tides to rise and fall. That's about the only thing I knew before Anders explained some other variables that factor into the tides. She definitely had more to present to us on the topic. Hopefully I get some of this right, beginning with the fact that the sun's gravitational pull is also part of the process but not as strong of a pull, since the sun is 380 times farther away from the Earth. As the Earth rotates, the moon orbits our planet. The distance between the Earth and moon changes slightly during rotation and the strength of the gravitational pull on Earth also changes. The gravitational pull causes our oceans to bulge out in the direction of the moon, and on the opposite side of Earth, another bulge occurs because the Earth is being pulled toward the moon. The



Kristie Anders

photo courtesy of SCCF

ocean bulges create our tides. High tide when the pull is greatest. Now add to this land mass and breaks in large landmasses, inlets, bays, rivers, estuaries, etc. Add positioning of the Earth in its rotation, distance from the equator, and topography of the landmasses, weather and currents. Now we're talking.

Here on Sanibel, the water masses originate in the transition region of the Loop Current and the Florida Current. "The Loop Current is an ocean current that transports warm Caribbean water through the Yucatan Channel between Cuba and Mexico. The current flows northward into the Gulf of Mexico, then loops southeastward just south of the Florida Keys (where it is called the Florida Current), and then just west of the westernmost Bahamas. Here, the waters of

the Loop Current flow northward along the U.S. coast and becomes the Gulf Stream." – www.wunderground.com  
The ebb and flow of the tides in and out play an important role in our ecosystem. High tides bring nourishing sediment and sea life into the estuaries.  
"Estuaries are coastal areas where freshwater mixes with ocean water that is delivered by the tides. Estuaries are home to biologically diverse and unique plant and animal communities." – Encyclopedia.com  
High tides bring in nutrients that create food for our fish, birds and other wildlife. Shallow water pools provide nursery areas for fish and shellfish. Mangrove areas thrive along our island estuaries where many birds breed and nest.

Birds plan their feeding patterns on the tides. Long-legged and taller birds have a longer feeding timeframe when the water is deeper and as the tide goes out; shorter legged birds feed in shallower water. Tides provide transport for organisms that begin life protected in the shallow areas of our estuaries and when mature use the tide to transport them out to the sea. Seagrasses are pollinated by water flow. Tides affect coastal shorelines in many ways: loss of beach sand and changing shorelines. Seashells are distributed along our shorelines, so much so that Sanibel and Captiva are called the Shell Islands, known for the best shelling in the world.  
When the sea level is rising or falling, water is flowing to and from the ocean. This flow causes currents called tidal currents. Tides enter San Carlos Bay through three narrow water passageways under

the Causeway Bridge and one in Red Fish Pass. Depending on water flow restrictions and wind tide, times can reach different locations within our area and with as much as three hours difference. High tides drive ocean waters to our shores and along with wind drives currents through our water passageways and when the tide recedes causing low tide, it leaves sediment behind providing nutrients that our environment and wildlife thrive on.  
"Limitless and immortal, the waters are the beginning and end of all things on earth." – Heinrich Zimmer, historian.  
The Sanibel-Captiva Rotary Club meets at 7 a.m. on Friday mornings at The Community House, 2173 Periwinkle Way on Sanibel. Guests are always welcomed.✽

From page 39

## Plant Smart

the tendrils, too. It often volunteers in yards after birds deposit the seeds. It will grow in just about any condition.  
Plant any one of these native species and it will remind you to stop and notice the small wonders all around us every day.  
Sources: *Everglades Wildflowers* by Roger L. Hammer, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, floridata.com, fnps.org, and nababutterfly.com.  
Plant Smart explores the diverse flora of South Florida.✽



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**HOW?** Register at [www.HealthyLee.com](http://www.HealthyLee.com) and on Oct. 1, start logging your miles on the Challenge Portal, powered by Fit Nation

**The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.**

**For more information, visit [www.HealthyLee.com](http://www.HealthyLee.com)**



ISLAND SUN BUSINESS NEWSMAKERS



Marianne Stewart



Tony DiBiase



Bob Berning



Ken Colter

Top Producers

The top associates at John Naumann & Associates for the month of September are: top listing agent, Marianne Stewart; top listing team, Tracy and Connie Walters; top sales agent, Tony DiBiase; and top team, the Berning-Colter team.\*



Walters Group



The Bell Team

Top Producers

VIP Realty Group announced their top agents and sales teams for the month of September. Robin Humphrey and Martha Smith were recognized as top sales agents while Rose Dakos was recognized as the top listing agent.



Rose Dakos



Robin Humphrey and Martha Smith

Also, The Bell Team was recognized as the top producing agents.\*

From page 28

Waters Course

also appropriate for experienced boaters who may want to learn about boating in our unique local waterways.

To learn more about the class students may contact the class lead instructor Jay Brown at 314-807-6860 or jaywbrown1@icloud.com. Students should register for the class not later than November 6 by contacting Brown or by registering online at <http://bit.ly/1KUPUay>.

For more information about the Sanibel-Captiva Power Squadron, visit [www.usps.org/localusps/sancap/](http://www.usps.org/localusps/sancap/) or contact Steve Abbott at 246-2392.\*



Fort Myers employees of Sanibel Captiva Community Bank who recently celebrated their 10th anniversaries are, from left, Lana Hollier, Hope Goodrich, Kathleen Delozier and Jonathan Ruiz

Bank Honors Six 10-Year Employees

Sanibel Captiva Community Bank celebrated the anniversaries of six employees who joined the bank 10 years ago.

The team members who were honored are Senior Vice President and Loan Officer Tony Gropp and Customer Service Representative Marilyn Kane on Sanibel Island, and Bank Secrecy Act Assistant Kathleen Delozier, Assistant Vice President of Loan Operations Hope Goodrich, Vice President and Director of Deposit Operations Lana Hollier and Vice President and Information Technology Director Jonathan Ruiz in Fort Myers.



Sanibel Island employees of Sanibel Captiva Community Bank who recently celebrated their 10th anniversaries are Marilyn Kane, left, and Tony Gropp

"We are proud that 14 of our 51 employees – nearly a third of our staff – have been with the bank for 10 years or longer," said bank president and CEO Craig Albert. "That level of experience is invaluable. Their commitment to the bank and our customers is a huge factor in our success."

To learn more about Sanibel Captiva Community Bank, visit [www.sancapbank.com](http://www.sancapbank.com).\*

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Doctor and Dietitian

# How Food Affects The Thyroid Gland



by Ross Hauser, MD  
and Marion Hauser, MS, RD

Just as your car runs best on good quality gasoline, feeding your body proper fuel is key to optimal functioning. Over-stimulating your body with wrong foods can harm it. Let's take thyroid problems, for example. Those with hypothyroidism (low thyroid hormone levels) exhibit some or all of the following symptoms: fatigue, brain fog, cold hands and feet, thinning hair, dry skin, unintentional weight gain, constipation, brittle nails, joint or muscle pain and weakness. Many people with thyroid problems consume large amounts of thyroid-stimulating foods, and lower amounts of foods that stimulate the adrenals and gonads, causing

them to feel tired and worn out. Eating too many dairy products, fried foods, sugar-containing foods, soft drinks, coffee, pasta and white bread products can contribute to the weight gain, low energy levels, stress, and fatigue associated with the over-stimulated thyroid. Over-stimulating the thyroid gland with these foods, along with stress, can lead your thyroid to a state of exhaustion and imbalance. Don't let your body get more tired. If you suspect you have low thyroid levels, make an appointment with your physician. Exclude simple carbohydrates from your diet, including white bread, white pasta, white rice, cookies, cakes, desserts, soda and alcohol. Choose organic, fresh and preservative-free foods. Pre-packaged foods contain chemicals and dyes that your already stressed body has to process. Give your body the purest form of fuel possible, such as fresh vegetables, whole grains and rice, eggs, and organic meats and fish. Add garlic and chili peppers, which have pro-thyroid properties. Reduce the health damaging stress in your life. Even though it is difficult to do, it is a vital step. Start making these healthy changes now, so you have the energy you want to stay active for life. *This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@car-ingmedical.com.\**

# Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses. **Dear Mom & Me,** It is genetic. My grandmother was fat, my mother and daughter are fat, and now my new doctor says I have to lose 75 pounds. My old doctor never said that I was fat, but this new young doctor says I may be a diabetic or have a thyroid problem. My husband and I love our eats and we don't want to be on some stupid diet. We love the all-you-can-eat restaurants and don't

want to give up anything. Do you know of a pill I could take so I won't have to change my life? *Effie* **Dear Effie,** Genetics can sometimes be involved, but more frequently weight gain is because we eat too much for the energy we need and the extra is stored as fat. Your family may need some food counseling in food choices. Maybe you all eat the same kind of food that increases your caloric intake too much so you all gain weight. It has been documented that families can do this. The threat of diabetes and the possible medical problems that may develop would make me think twice about continuing your lifestyle. But that is between you and your doctor. *Lizzie*

**Dear Effie,** The choice is yours: introduce healthy habits into your routine and stay as healthy as you can or don't, very simple. If you do not, you can most likely look forward to increased doctor appointments, increased restrictions of your diet and activity, increased dependence on adult children, increased financial expense, paying for the additional doctors, medicines and supplies. The choice is yours. *Pryce* *Lizzie and Pryce's email address is momandmeaging@hotmail.com.\**

# 'Tween Waters Inn Is Gold Sponsor For 10K Race 4 FISH



'Tween Waters Inn President & CEO Tony Lapi, left, FISH board chair John Pryor, 'Tween Waters CFO Jeff Shuff and COO Doug Babcock along with race committee co-chairs Nancy Bender and Ed Riddlehoover

Captiva's legendary 'Tween Waters Inn Resort & Spa was added as a gold sponsor of the 7th annual 10K Race 4 FISH on Saturday, October 17, which draws hundreds of runners from near and far for a worthy cause – FISH of SanCap. "We are thrilled to be a supporter of FISH and the race," said Jeff Shuff, Chief Financial Officer of 'Tween Waters. "FISH is a wonderful organization that lends a helping hand to those in our community when they need it most." FISH has been serving the islands for more than three decades. In 2014, the organization positively impacted the lives of 1,737 individuals, from youth to seniors, and used 86 percent of its annual budget for client programming. The FISH Walk-In Center is a designated United Way House and home to the islands' only food pantry. "'Tween Waters Inn is a Captiva treasure," said race committee co-chair Nancy Bender. "FISH is grateful for their support." The 10K Race 4 FISH start time is 7:30 a.m., with the start-finish line at The Community House, 2173 Periwinkle Way. Runners receive a medallion, T-shirt and a backpack-style goody bag. Register on race day or in advance at fishofsancap.org or at ftmyertrackclub.com.\*

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## Eden Energy Medicine

## Alleviate Fear By Holding The Head



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**L**ast week, we learned how to manage and reduce trauma by holding our forehead with one hand and placing the other hand over the heart chakra.

Holding points located on the head influence emotions. These points are called neurovascular points. Each meridian of the 14 meridians is associated with an emotion and each meridian has points located on the head the impact the nervous, circulatory and vascular systems of the body. Thus by learning where, for example, the kidney neurovascular points are located on the head, we can begin to influence our "fear" of the saber-toothed tiger entering the room. This is because the kidney meridian's primary stressor emotion is fear. Our body is such a complex integrated system, enabling us to shift mind, body and spirit by accessing energies on specific points.

Let's use Sarah as an example. Whenever Sarah sees a spider, her heart begins racing, she breaks out into a sweat, can't focus on anything, begins breathing very fast and needs to run away from the

spider. So, what to do? Sarah can do this herself or, better yet, have someone else hold these points for her:

Place one hand on the main neurovascular points on the forehead. The palm rests with the fingers right above the eyebrows, the palm above one eye and the fingers above the other eye. The other palm is placed on the back of the head directly behind the eyes with the fingers pointing toward an ear. Gently hold these points, but don't use a lot of pressure. Sit or stand and hold until the body begins to calm.

We know that on a scale of 1 to 10, 10 would be the number for Sarah. Ask her to rate the fear periodically as you hold these points until it is a manageable number. You may need to continue to hold these points for days. As an aside, if the issue continues, there are numerous additional points that can be held, other EEM tools that may be employed and there are energy psychology tools as well to address deep-rooted issues, all of which are beyond the scope of the column but important to know exist.

Enjoy the exploration of these possibilities to shift your habits or those of others.

Have fun with your energy! Next week's topic is Shift Liver Energy, Which Oversees 700 Tasks.

*If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.\**

## dearRPharmacist

## Kids With Autism May Need Natural Support

by Suzy Cohen, RPh



**D**ear Readers: Brain inflammation.

It occurs in young and old alike, and it can be so mild that your symptoms are dismissed. In other cases, it is severe enough to cause symptoms and it cor-

relates with Lyme disease, Alzheimer's, Parkinson's disease or schizophrenia. Children with autism spectrum disorder (ASD) often have low level brain inflammation. Today, I'll focus on natural help but I have to take you deep inside the brain to the "microglial" cells.

These beautiful cells are like the die-hard "Pac-Man" army in your brain and spinal cord providing the majority of immune system defense. We used to think the microglial cells didn't do much, but today we know they have mad skills when it comes to dealing with plaque, pathogens and damaged neurons in your nervous system.

When these nerve cells are called upon too much, they become hot, irritated, and overactive. The end result is inflammatory chemical soup. Microglial cells get ignited

by mast cells, your "allergy" cells. Mast cells dump histamine in response to allergenic foods, dust and weeds. Some other cytokines that are released include interleukin-6 (IL-6) and tumor necrosis factor (TNF). Researchers recently evaluated these two cytokines in autistic children and found some interesting stuff out.

Apparently, some autistic children – but not all – had very high levels of each of these markers.

They tested natural antioxidants and their research showed two stand-out flavonoids, luteolin and quercetin. Both of these blocked the release of these inflammatory chemicals and suppressed mast cell dumping of it's garbage.

Luteolin specifically stopped the microglial cells from overwork that led to ramped up levels of damaging inflammatory chemicals. In animal studies, luteolin protects the brain from thimerosal-induced (vaccine) mast cell activation and mercury-related mitochondrial damage. It helps with nerve and muscle function. ASDs children who received luteolin in an open-label clinical study, showed improved sociability. Their social interactions didn't just improved, blood testing revealed reductions in both IL-6 and TNF.

The children treated with luteolin experienced several months of growth in communication skills, daily living skills, and social abilities. Other children, who did not have the same inflammatory lab elevations, did not experience the same improvement, so the antioxidant's effect is only helpful if those two biomarkers (IL-6 and TNF) are elevated to begin with.

continued on page 49

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have been in several relationships in the last year and none of them have worked. I am getting tired of the dating scene. I want a long-term loving relationship. Any suggestions?

**A:** Sounds like you are tired of the dating scene, which is totally understandable, yet it can help you build resiliency and prepare for the next relationship or how will you have a long lasting loving relationship? Here are some thoughts on how and why you can build this trait.

Resilience is a part of adapting and accepting that adversity will be in various stages of our lives. Relationship resilience comes from experience and lessons learned from different relationships. Research shows that resilience is ordinary, not extraordinary, not without emotional distress though, which is a part of life.

There are several factors that contribute to resilience and that can be added into the relationship arena. Developing resilience is a very personal journey as people cope with adversity at different rates. One of the most important aspects

is to have a positive view of yourself, then you can develop more confidence and strength as you learn resiliency.

Also, have realistic goals and action steps so you have the ability to follow through and carry them out. Learn to develop strong and positive communication skills which include managing your own impulses and feelings.

In relationships, understand that it is a part of the journey to go through different relationships that may not last. These are learning experiences from which you can adapt resiliency through each one until the right one emerges. We learn something new from each new relationship, even if you find you are repeating the same patterns.

If that continues, consider seeking some professional to understand the meaning of why this behavior continues and how to transform it. Having an enduring, lasting relationship is challenging for most people, and that does not mean there is something wrong with you; it simply means you are exploring like everyone else, and it is a healthy thing to do.

Persevere and trust in your ability to learn and enjoy the journey as you gain courage and insight along the way. This builds resiliency.


*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).\**

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# My Stars ★★★★★

FOR WEEK OF OCTOBER 19, 2015

**ARIES** (March 21 to April 19) Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.

**TAURUS** (April 20 to May 20) That marriage 'twixt the arts and practicality that Taureans excel at once again highlights your enjoyment of much of the week. However, you need to watch any sudden urge to splurge.

**GEMINI** (May 21 to June 20) Even with all the plusses apparently outweighing the minuses, you still might want to defer an important decision to make sure you have all the facts you need.

**CANCER** (June 21 to July 22) One or two problems might threaten to derail otherwise smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.

**LEO** (July 23 to August 22) This could be a good time for all you Leos and Leonas in the spotlight to open your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.

**VIRGO** (August 23 to September 22) You might want to get advice from someone who's been there and knows these situations better than you do, before investing time or money (or both) in a questionable matter.

**LIBRA** (September 23 to October 22) Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act, one way or another, find out who set it up and why.

**SCORPIO** (October 23 to November 21) Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times brings you closer to those you care for.

**SAGITTARIUS** (November 22 to December 21) Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include him or her in your plans.

**CAPRICORN** (December 22 to January 19) If you're in one of those "the Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.

**AQUARIUS** (January 20 to February 18) That new challenge is getting closer, and you should be out there now showing facts and figures to potential allies to help persuade them to rally to your support. Good luck.

**PISCES** (February 19 to March 20) Getting a head start on holiday plans could help free up some time later to spend on other projects. Meanwhile, a colleague has some ideas that you might find worth discussing.

**BORN THIS WEEK:** You are always there for others, and sometimes you need to be reminded that you need to be there for yourself as well.

## THIS WEEK IN HISTORY

- On Oct. 25, 1853, Paiute Indians attack U.S. Army Capt. John W. Gunnison and his party of 37 soldiers and railroad surveyors in Utah. Gunnison and seven other men were killed, but the survey party continued its work to find a route for a proposed transcontinental railroad.

- On Oct. 24, 1901, seeking fame, 63-year-old schoolteacher Annie Edson

Taylor becomes the first person to plunge over Niagara Falls in a barrel. After a brief flurry of photo-ops and speaking engagements, Taylor's fame cooled, and she was unable to make the fortune she had sought.

- On Oct. 23, 1921, in France, an American officer selects the casket of an unidentified soldier to be honored among the 77,000 U.S. servicemen killed in World War I. The "Unknown Soldier" was buried in Arlington National Cemetery.

- On Oct. 22, 1965, President Lyndon Johnson signs the Highway Beautification Act, which attempts to limit billboards and other forms of outdoor advertising along America's interstates.

- On Oct. 20, 1973, Solicitor General Robert Bork dismisses Watergate special prosecutor Archibald Cox, whose investigation of the Watergate break-in revealed that the burglary was one of many possible abuses of power by the Nixon White House. Two days later, the House Judiciary Committee began to consider the possible impeachment of President Richard Nixon.

- On Oct. 21, 1988, "Mystic Pizza," a romantic comedy starring unknown actress Julia Roberts, opens in theaters. Roberts would skyrocket to international fame when she appeared in the 1990 blockbuster "Pretty Woman."

- On Oct. 19, 1991, a fire starts in the hills of Oakland, California, and within an hour, 800 buildings are ablaze. The firestorm would kill 25 people and destroy thousands of homes. Even though fires had ravaged the same area in 1970 and 1980, people continued to build homes there.

## STRANGE BUT TRUE

- It was 20th-century Swiss playwright and novelist Max Frisch who defined technology as "the knack of so arranging the

world that we need not experience it."

- In the 1830s you could give someone a blizzard. Back then, of course, the word wasn't referring to a snowstorm; rather, that phrase meant to give someone a piece of one's mind.

- Men certainly aren't lacking in the self-confidence department. A survey found that 76 percent of men believe they are "somewhat" or "very attractive."

- Thanks to arrangements made by his very powerful family, Theophylactus of Tusculum became Pope Benedict IX in 1032, at the age of 20. It seems he wasn't suited to religious life, and he was accused of "many vile adulteries and murders." The Catholic Encyclopedia calls him "a disgrace to the Chair of Peter." After 12 years he was forced out of Rome, but he returned the following year, 1045, and ousted Pope Sylvester III. Later that same year, a pious priest named John Gratian offered Benedict a large sum of money to vacate the post, which he did, allowing Gratian to become Pope Gregory VI. Unsurprisingly, Benedict soon changed his mind, and with Sylvester III still claiming the papal seat, there were now three popes vying for supremacy. Finally, at the end of 1046, the Council of Sutri declared Benedict and Sylvester deposed, Gregory was encouraged to resign, and a German bishop was proclaimed Pope Clement II.

- Farmers in California are responsible for 95 percent of broccoli production in the United States. Now we know whom to blame.

## THOUGHT FOR THE DAY

"One dog barks at something, the rest bark at him." -- Chinese proverb

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From page 5

## American Legion

daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.\*

From page 15

## Taizé Services

the simple, but profound melodies and harmonies of the musical prayer. At the service's apogee is a contemplative silence, which occurs in place of a sermon or spoken meditation. According to St. Michael's Rector Ellen Sloan, the Taizé service "is one more way to experience God through prayer, song and silence."

The church is located at 2304 Periwinkle Way on Sanibel. For details, call 472 2173 or visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).\*

From page 41

## Heart Walk

and RE/MAX of the Islands. Additional Bronze-level Sponsors have already signed on to support the event.

Island residents are urged to sign up for the walk and join a team at [www.sanibelcaptivaheartwalk.org](http://www.sanibelcaptivaheartwalk.org). For further information, including sponsorship opportunities, contact Kelly Goodwien at 495-4901 or [kelly.goodwien@heart.org](mailto:kelly.goodwien@heart.org).\*

From page 47

## Autism

Measure them in with a blood test. It's worth measuring, TNF has been found to be as much as 50 times higher than normal in ASD children.

Quenching IL-6 and TNF is critical to all sorts of neurological disorders

including memory, learning capabilities and migraines.

When mast cells are activated they dump obnoxious amounts of cytokines including TNF, lighting your brain on fire. While you determine your specific allergies, and thus, what causes your mast cells to "spill the beans," I think luteolin and quercetin can help.

Luteolin is found in parsley, thyme, peppermint, basil, celery and artichoke. Quercetin is commonly found in capers, whortleberries, apples and red onions. Both of these compounds are also sold as supplements in health food stores nationwide.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).\**

## Flu Shots At St Isabel's

On Tuesday, October, 27 from 9 to 11 a.m., your local Walgreens' pharmacist will be conducting an Adult Immunization Clinic at St. Isabel Parish Hall located at 3559 Sanibel Captiva Road. Offered vaccines are for adults 18 years and older and the pharmacist will be able to help determine which vaccines are right for you. Medicare or cash payments will be accepted the day of the clinic. Bring your Medicare card with you. The following vaccines will be available: Flu and Pneumonia (Pneumococcal.) Call 472-2763 with any questions.\*

To advertise in the *Island Sun* call 395-1213

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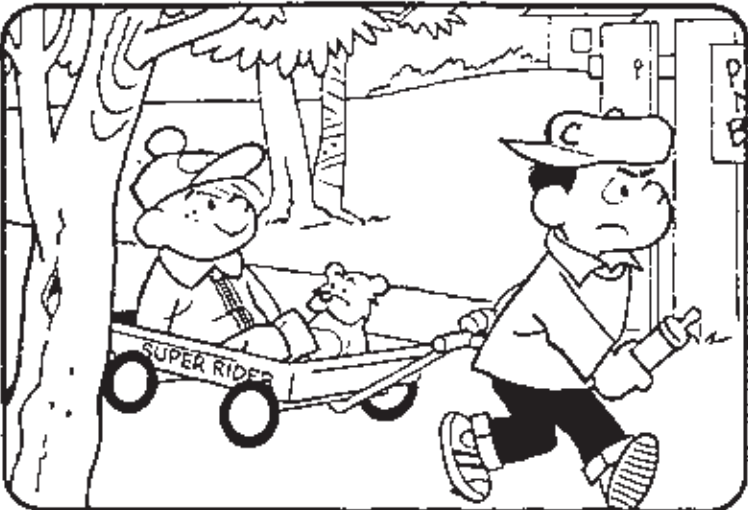
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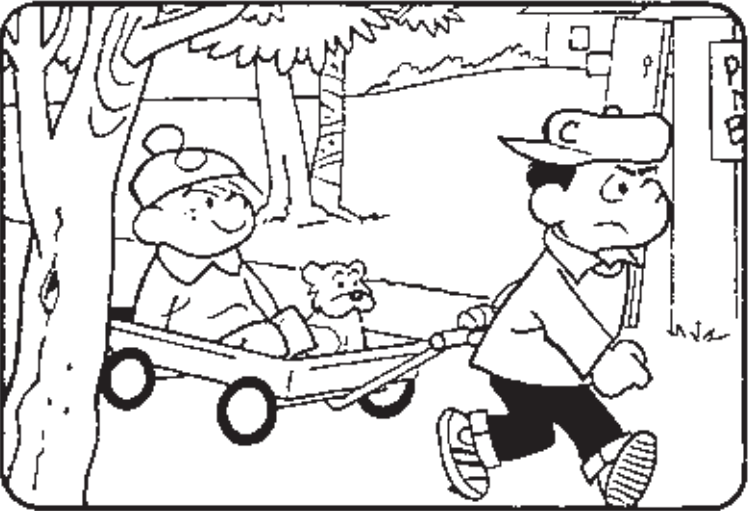


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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Zipper is missing. 3. Wagon name is missing. 4. Teddy bear is missing. 5. Fence board is moved. 6. Bottle is missing.



"Tell me all about yourself  
your dreams, your ambitions,  
your \_\_\_\_\_"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Grip  
CRABE

Mesh  
ECLIPS

Merge  
FUNIY

Protect  
VASE

TODAY'S WORD

answer on page 51

9				3			6	
2	1				6	7		
		6	2					4
	8		5				9	
6				4				1
		9			8	2		
5			8					3
		2			7		8	
	7			6		4		

SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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RAN APE ESPRESSOS  
EDDAHOPPER SPOUT APD  
AL AS TOLD KEELS ESPN  
CENTERICE HENRYHUDSON  
KNEESOCKS ONTOP REELSC  
YARD BASS CCSIS ENDED

HAY MIFF STOA  
IRE ODOR CRAB  
FIT SERE RITE  
IDIOTSDELIGHT  
ULT ZIP  
JUICY DEN YAP  
ITCH CUR FOCI  
BEE BOG ROUTE  
SUM TWO  
FOOLSPARADISE  
ALDA LOAN FUR  
LIEN ENID FRO  
LOST XENA YES

ANIMALS IN WORDS

9	4	8	7	3	1	5	6	2
2	1	5	4	9	6	7	3	8
7	3	6	2	8	5	9	1	4
1	8	4	5	7	2	3	9	6
6	2	7	9	4	3	8	5	1
3	5	9	6	1	8	2	4	7
5	9	1	8	2	4	6	7	3
4	6	2	3	5	7	1	8	9
8	7	3	1	6	9	4	2	5

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SCRAMBLERS

*solution*

1. Brace; 2. Splice;  
3. Unify; 4. Save

*Today's Word*

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Palmetto Point	Fort Myers	31	3,698	\$1,499,999	\$1,300,000	2002
Waterside	Bonita Springs	7	3,038	\$1,099,000	\$1,030,000	1998
Creekside	Bonita Springs	129	3,597	\$1,150,000	\$1,000,000	1994
Edgewater	Fort Myers	55	3,672	\$1,050,000	\$1,000,000	1998
Edgewater	Fort Myers	89	2,957	\$850,000	\$800,000	1999
Harborage	Fort Myers	109	4,093	\$679,000	\$669,000	2003
Cape Coral	Cape Coral	202	3,200	\$568,000	\$565,000	2007
Burtwood	Fort Myers	64	3,100	\$595,500	\$555,500	1952
Royal Tee Country Club Estates	Cape Coral	130	2,235	\$500,000	\$485,000	2015

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\*NS 9/4 NC TFN

### VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.

\*NS 7/11 NC TFN

### VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.

\*NS 11/1 NC TFN

## HELP WANTED

### HELP WANTED

*fresh produce*  
live life - enjoy color

Blue Stripe, LLC dba Fresh Produce seeking SEASONAL Womens Retail Apparel Full & Part-Time Sales Associates, Full & Part-Time Keyholders for our Sanibel, FL retail store location. Looking for energetic individuals to merchandise and sell in an ever-changing mix of products that reflect the coastal vibe of our clothing.

To apply, send resume to careers@fpcolor.com & indicate "Sanibel Openings" in your Subject line.

\*NS 10/16 CC 11/6

### ADMINISTRATIVE ASSISTANT

Busy Island Real Estate office needs full-time Administrative Assistant for front desk.

Good people skills a must. Experience with Excel and Word a plus. Fax resume to 437-7514

\*NS 10/16 CC 10/23

### HELP WANTED ORGANIC SPA/SALON

#### Master Stylist/Cosmotologist

We have a client base available for you and would love it if you brought some of your own. Generous percentage, retail commission and toll assistance available. Cash tips. Non smoker preferred.

Part time or full time possible, flexible shifts from 8AM - 8PM.

#### Master Massage Therapist

We have a strong following and would love it if you had some of your own. Generous percentage, retail commission, tips and toll assistance. Non smoker preferred. Flexible shifts from 8am - 8pm.

Join us at Spatini Teabar, Organic Spa & Hair Lounge. We welcome you part time or full time. We are a family striving to make a difference in people's lives and their health.

Call Amy at 472-8464.

\*NS 9/11 CC TFN

### HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart.

For Info call Anita 239-233-9882

\*RS 3/13 CC TFN

## HELP WANTED

### CUSTOMER SERVICE

Part-time associates to work in the Ding Darling National Wildlife Refuge greeting and collecting entrance fees for Wildlife Drive. Must enjoy customer service and helping visitors. Must also be able to operate a basic cash register. Please email resume to EcoErler@aol.com or stop in at 900 Tarpon Bay Rd to fill out an application.

\*NS 10/16 CC 10/23

### BOAT WASHER AND DETAILER

Wanted Boat Washer and Detailer Full or Part Time Call Sanibel Marina 472-2723

\*NS 10/9 CC 10/16

### FULL TIME VACATION RESERVATIONS AGENT

Full Time Vacation Reservations Agent â€" Must be familiar with Sanibel & Captiva Islands. Candidate should possess good communication skills, computer knowledge;

Excel and Word proficient and like working with people.

Excellent compensation package based on Vacation Rental experience. Respond only by Fax to 239 437-7543 or email to DSchuldenfrei@VIPRealty.com

\*NS 9/4 CC TFN

### JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.

\*NS 5/29 CC TFN

### HELP WANTED

Live on the Island and looking for PT work 1-2 days per week. Flexible schedule. Call 472-4886.

\*NS 9/4 BM TFN

### TO PLACE A CLASSIFIED LOG ONTO:

**IslandSunNews.com**

CLICK ON  
PLACE CLASSIFIED

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly and Monthly.

Captiva Island 472-5800

\*RS 1/4 NC TFN

## VEHICLES FOR SALE

### 2009 CHEV IMPALA

57,000 miles, Dark Blue, Leather, Moon Roof, All Extras, Garage Kept. Excellent Condition. \$8,500.

Call 560-1314.

\*NS 9/18 NC TFN

### GOLF CART FOR SALE



Street legal, "gas" powered. \$6,500. 239-209-6500

\*NS 7/17 BM TFN

## LEGAL NOTICE

### LEGAL NOTICE

American Towers LLC proposes to expand an existing telecommunications compound and collocate antennas on an existing 150-foot monopole telecommunications structure. The existing telecommunications facility is located at 2222 Wulfert Road, Sanibel, Lee County, Florida. American Towers LLC seeks comments from all the interested persons on any potential impact the proposed action could have on the quality of the human environment pursuant to 47 C.F.R. Section 1.1307, including potential impacts to historic or cultural resources that are listed or eligible for listing in the National Register of Historic Places. Interested persons may comment or raise concerns about the proposed action by submitting an e-mail to [enviro.servies@americantower.com](mailto:enviro.servies@americantower.com). Paper comments can be sent to: American Towers LLC, Attn: Environmental Compliance, 10 Presidential Way, Woburn, MA 01801. Requests or comments should be limited to environmental and historical/cultural resource impact concerns, and must be received on or before November 15, 2015.

\*NS 10/16 CC 10/23

## FOR SALE

### CHRISTMAS TREE

Tall smocked Christmas tree purchased last year at Bailey's on Sanibel for \$400. Will sell for \$150. Will include ornaments and tree stand purchased separately. Total value \$600. 239-472-6623

\*NS 10/9 CC 10/16

## LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday and Saturday with Cruzan Vibes, playing reggae and dance. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn** on Captiva has live music with Gatlin on Friday, Saturday, Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

**Traditions on the Beach at Island Inn** has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing R&B, jazz and pop. Woody Brubaker performs on Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**



Pets Of The Week



Bonita ID# 639567



Knight ID# 630629

Bonita means beautiful in Spanish so it's a perfect name for me. I'm bouncy, bubbly and love to run, play and splash in the water. If you love being active, I'm the just the dog for you. My adoption fee is \$30 (regularly \$75) during Animal Services' Dogtober adoption promotion.

They call me Knight. I'm handsome, playful, sweet and all around charming. I guess they thought so too at the Platinum Coast Cat Fancier's Show since I earned a ribbon in the Household Cat category. My adoption fee is \$10 (regularly \$75) during Animal Services' adoption promotion. Cats and kittens are also two-for-one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com).

When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*

# Island Sun

NEWSPAPER  
Sanibel & Captiva Islands

## CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743

### ARTS

Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996

### CLUBS & ORGANIZATIONS

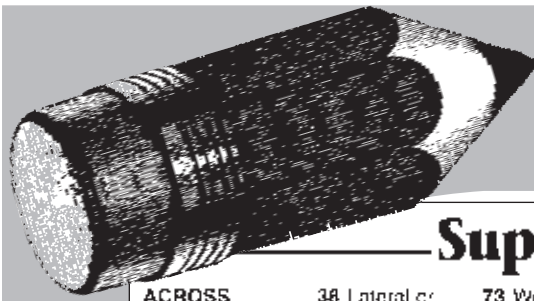
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-4775
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971

### ISLAND ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 51

## Super Crossword

HOO'S HOO

### ACROSS

- 1 Nano and Shuffle  
6 Lion group  
11 Be in accord (with)  
15 Luses firmness  
19 Sit way post  
20 Eyelid makeup  
21 Albany-Buffalo waterway  
23 "The Piano" star  
25 Like a lens for seeing the big picture?  
26 Environs  
27 Goaded (on)  
28 Clutter  
29 Southern beauty  
30 Ignited  
31 Fetch  
32 "All the President's Men" actor  
34 One who designs something  
36 Barely obtain, with "out"  
37 "— certainly will not!"

- 38 Lateral or cycle lead-in  
39 2012-13 American League MVP Miguel  
42 Warm, as leftovers  
47 Refinery waste  
50 Suffix with beat  
52 Sit-up muscles  
53 '60s hipster  
55 Actress Fanning  
56 number (speed ratio)  
57 Prior to  
58 Teacher's union Abbr.  
59 D.C. VIP  
60 Mille — (Minnesota county)  
61 St. Louis landmark  
62 Dejected  
63 Joan of  
64 Timid  
65 Coup d'— (revolution)  
66 Lecherous guy  
67 To the — power  
68 Bites lightly  
69 Matted earth  
70 Enjoy Vail

- 73 Woodcut  
74 Greet warmly  
77 Horseshoe's place  
78 "This outrage!"  
79 Go on TV  
80 Many an heir  
81 Very old O.C.s  
82 — Domini  
83 Italy's Villa d'—  
84 Writing fluid  
85 Sty animal  
86 Olive (Popeye's gal)  
87 Belgian river to the North Sea  
88 Relative  
90 Giffle looks  
93 Indigo, e.g.  
95 Operated  
97 Minicrater  
98 Starbucks orders  
103 O.C. Los Angeles Times gossip columnist  
108 Teapot part  
109 "The Simpsons" merchant  
110 Phony name

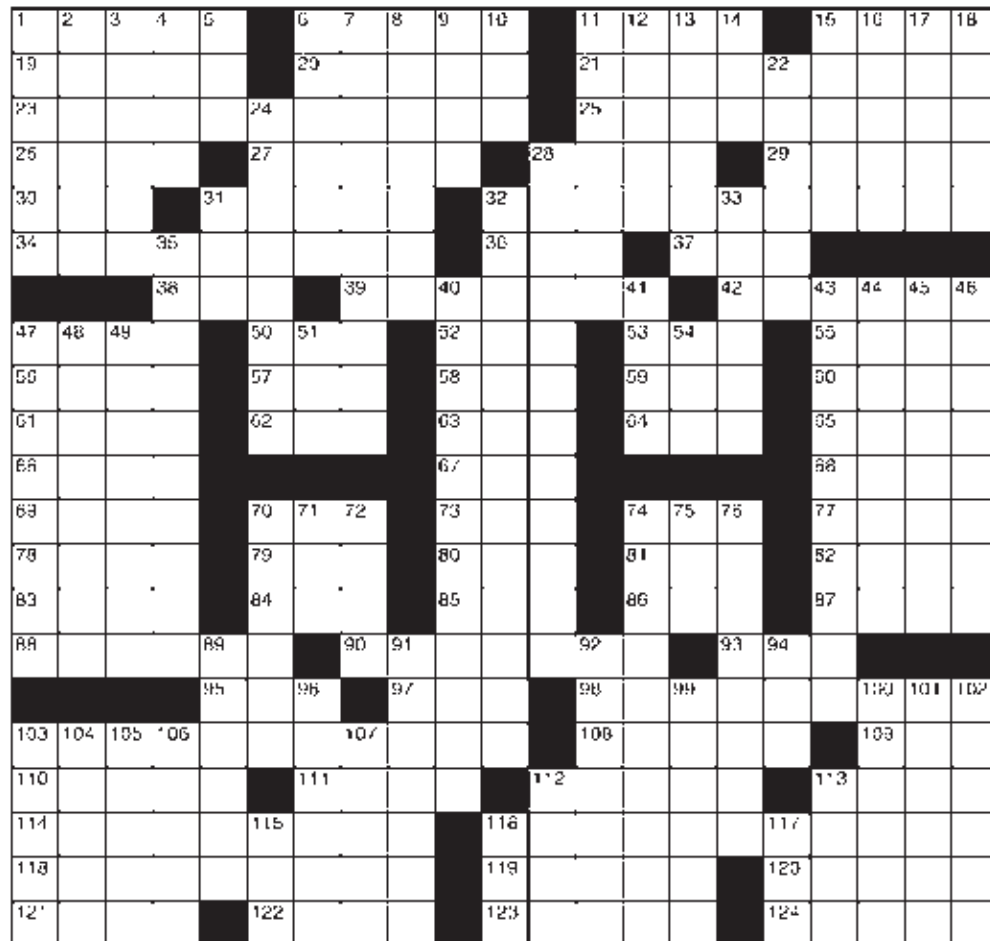
- 111 "I — you so"  
112 Parts of hulls  
113 Alternative to Fox Sports  
114 Hockey  
116 New York Bay explorer  
118 Ship-clothing footwear  
119 All the arms  
120 Singer Della  
121 Fabric unit  
122 First lady after Eleanor  
123 Fees  
124 Was over

### DOWN

- 1 Split 50-50  
2 Illinois city  
3 Little birds with big eyes  
4 Oscar — Hoya  
5 Cagey  
6 Connect to get power  
7 Like some pheasants and ducks  
8 Former  
9 Act  
10 Slip up  
11 Gem setter  
12 From Erin

- 13 Tries to buy at auction  
14 Fat foot spec  
15 More stable  
16 — Saxon  
17 Family name in wine  
18 Lustrous  
22 Hack  
24 Main female characters  
28 Ones some modifying  
31 Storage box  
32 Depression president  
33 Noble  
35 Tycoon on "The City Next Door"  
40 Like some kitschy yellow phones  
41 Pumps (up)  
43 "Airport" Oscar winner  
44 Joyful feelings  
45 "Scarface"  
46 Tries to find diagnosis  
47 Know-it-alls  
48 Big name in French lexicography

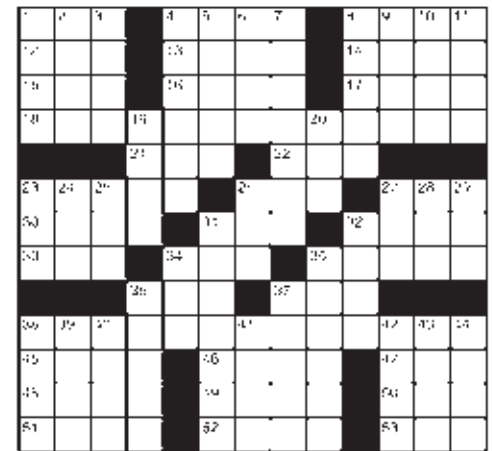
- 49 Precise  
51 S&I holding  
54 "— a-la!"  
70 Vocalized for the doc  
71 Next of —  
72 Perturbs  
74 1992 and '96 a so ran  
75 180 on the road  
76 Influx of forty-niners  
89 Rubs out  
91 Unlucky  
92 Chafes at  
94 Nevertheless  
96 Observe  
99 Coral colonists  
100 Gave lip to  
101 Fight against  
102 Soaked up some rays  
103 — Sack (football brand)  
104 Kagan of justice  
105 Boanery  
106 Outmoded  
107 Pitted scars  
112 Lotto relative  
113 Early garden  
115 Steal from  
116 On an ad — basis  
117 Suffix with strict



## King Crossword

### ACROSS

- 1 Dinner for Dobbin  
4 Anger  
8 Old parties  
12 Anger  
13 Stench  
14 Seafood selection  
15 Healthy  
16 Withered  
17 Ceremony  
18 1939 Shearer/Gable movie  
21 Last (Abbr.)  
22 Hurry along  
23 Succulent  
26 Lair  
27 Shriek bark  
30 Pruritic feeling  
31 Mongrel  
32 Points of concentration  
33 Spot down  
34 Cranberry territory  
35 GPS offering  
36 Total  
37 Pair  
38 Delusory happiness  
45 "M\*A\*S\*H" star  
46 Bank transaction  
47 Bear hair  
48 Property claim



- 49 Oklahoma city  
50 To and —  
51 Missing  
52 TV's warrior princess  
53 "Absolutely"

### DOWN

- 1 Stereo setup  
2 Salarian  
3 Bigfoot's cousin  
4 Pretty much  
5 That is (Italy)  
6 Han Solo portrayer  
7 Refrigerator section  
8 Temporary

- 9 Advanced math  
10 Solemn promise  
11 Drive the getaway car, maybe  
19 "That hurts!"  
20 Jerry of the NBA  
23 Triangular sail  
24 Vult purpose truck  
25 Lemieux midget  
26 Shovelled person

- 28 Performance  
29 Sapstick missile  
31 Intricate  
32 Comestibles  
34 Clear the tables  
35 Kipling's land  
36 Point of view  
37 Touch by repetition  
38 Punnet  
39 A little of everything  
40 Rhyming tributes  
41 Top-notch  
42 Uncertain  
43 Certain  
44 Cupid's alus

## MAGIC MAZE • ANIMALS IN WORDS

F J N G D Y A N X V S Q N K I  
F D A A X V K T O Q O M J D H  
F C A Y T S W C U I R P I N L  
J H F G D A E B U Z L M D X V  
T R O (M O S C O W) D A I R O M  
K I H F D R X U D R T B I Z Y  
W V L T R Q F O Y A O N B B L  
K T N E M G I P B E N I E H F  
D C A Z E X W M A B V R V U S  
R Q K W A H O M E E T A O G O  
N M K J I C H S I F L E L T H

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

- |         |          |          |           |
|---------|----------|----------|-----------|
| Beard   | Ducky    | Lovebird | Pyramid   |
| Billion | Elfish   | Mohawk   | Tornadoes |
| Box     | Goatee   | Moscow   | Yucatan   |
| Combat  | Leapfrog | Pigment  |           |



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